



## Results

### Nipper Girls

Position	Race No.	Name	Surname	Lap 1	Lap 2	Time
1	2	Amy	Lowings	13:54.533	14:50.416	28:44.949
2	1	Mia	Winter	14:21.984	15:14.288	29:36.272

### Nipper Boys

Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	4	Ted	Rust	09:22.366	10:32.419	10:33.736	30:28.521
2	3	Neil	Liebenberg	10:14.905	11:13.636	12:00.536	33:29.077
3	5	Luca	Samuelson	10:49.810	14:10.099	13:11.660	38:11.569

### Sprog Girls

Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	6	Linn	Lambert	09:17.131	09:46.532	10:07.924	29:11.587
2	7	Mienke	De Beer	10:37.470	11:45.934	12:03.835	34:27.239

### Sprog Boys

Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	9	Sion	Liebenberg	07:56.475	08:22.131	08:42.664	08:38.219	33:39.489
2	8	Cody	Heigan	08:24.237	08:52.676	08:49.786	08:50.198	34:56.897
3	47	Leo	Setzkorn	09:29.369	09:58.868	10:43.033	10:57	41:08.270

Sub-Junior Girls								
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	10	Qara	Volschenk	08:19.442	08:54.148	08:49.802	08:47.360	34:50.752

Sub-Junior Boys							
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	42	Micah	Chase	12:46.600	13:05.889	13:40.813	39:33.302
2	36	York	Ahrens	13:52.702	14:36.447	14:38.136	43:07.285
3	34	JP	Lambert	14:09.765	15:04.964	15:14.166	44:28.895
4	33	Karl-Nikolai	Lisse	14:20.455	15:17.843	15:20.488	44:58.786
5	32	Max	Heigan	14:42.788	15:31.301	16:16.788	46:30.877
6	35	Hendrik J	Baartman	14:42.698	15:51.793	16:55.349	47:29.840
DNS	37	Luan	Van Zyl	-	-	-	-

Youth Girls							
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	19	Nicole	Suren	15:55.984	17:47.365	18:18.401	52:01.750
2	20	Joadri	De Beer	19:00.703	20:54.363	20:34.439	1:00:29.505

Youth Boys								
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	41	Theodor	Janse van Vuuren	12:29.328	13:17.587	13:40.251	13:48.379	53:15.545
2	39	Mike O	Baartman	12:32.800	14:30.571	14:45.431	14:27.509	56:16.311
3	40	Francois	Van Zyl	13:38.139	15:05.445	15:32.157	15:12.018	59:27.759
4	43	Dawie	Greeff	14:39.871	15:34.691	16:33.649	16:28.469	1:03:16.680
5	38	Penyovamati	Hashiti	17:50.394	19:07.377	21:22.979		58:20.750
6	44	JayJay	Hindjou	17:57.486	19:16.911	23:00.428		1:00:14.825

Junior Woman								
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	36	Delsia	Janse van Vuuren	13:58.358	15:13.685	15:26.855	15:29.745	1:00:08.643
2	37	Rosemarie	Thiel	14:41.261	15:27.718	15:35.065	15:38.132	1:01:22.176

Junior Men										
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time
1	61	Roger	Suren	11:19.620	11:52.195	12:00.636	11:51.788	12:16.149	11:59.920	1:11:20.308
2	62	Samuel	Cleary	11:20.069	11:51.661	12:00.200	12:01.895	12:25.659	12:34.908	1:12:14.392
3	56	Joshua	Kanis	11:49.197	12:30.567	12:22.347	12:11.779	12:14.978	12:09	1:13:17.868
4	65	Stephan	Aldum	11:36.454	12:29.756	12:35.208	12:13.493	12:15.996	12:11.134	1:13:22.041
5	58	Marco	Thiel	11:25.441	12:25.468	12:29.065	12:34.573	14:12.041	14:01.319	1:17:07.907
6	57	Luke	Legrange	11:53.749	12:48.432	13:06.793	13:23.512	13:22.101	13:01.003	1:17:35.590
7	63	Sean	Lowe	12:09.084	13:41.793	14:43.552	12:39.652	13:02.634	13:22.864	1:19:39.579
8	64	SM	McIntosh	11:58.572	15:29.160	13:06.622	13:06.417	13:28.483	14:02.975	1:21:12.229
9	50	Christiaan	Van der westhuizen	12:19.948	13:01.338	13:21.260	14:53.654	13:54.378	13:53.232	1:21:23.810
10	52	Henri	Wolf	12:25.951	13:46.790	13:52.931	14:02.788	14:42.041	14:04.443	1:22:54.944
11	51	Jack	Goosen	12:57.626	13:38.852	13:56.387	14:20.232	14:06.762	14:16.856	1:23:16.715
DNS	55	Joshua	Paul	-	-	-	-	-	-	-
DNS	60	Neil	Van der Vyver	-	-	-	-	-	-	-

Woman 19+									
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Time
1	21	Lilian	Baber	13:43.825	14:36.897	14:50.344	15:10.246	15:08.322	1:13:29.634
2	23	Irene	Steyn	16:47.645	17:04.951	17:28.912	17:57.425	17:53.655	1:27:12.588
DNS	22	Mimi	Hough	-	-	-	-	-	-

Men 19+											
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time
1	5	Michael	Foster	11:12.903	11:25.592	11:31.357	11:41.546	11:17.265	11:54.396	11:49.239	1:20:52.298
2	2	Ignatius	Du preez	11:02.088	11:28.707	11:35.260	11:45.711	11:42.354	12:03.486	12:19.065	1:21:56.671
3	1	Ernie	Roets	11:01.947	11:28.929	11:36.019	11:44.386	11:58.049	12:17.724	12:43.488	1:22:50.542
4	3	Johan	Van Zyl	11:07.831	11:27.659	11:47.660	11:47.367	12:12.024	12:26.160	12:16.421	1:23:05.122
5	8	Theuns	Van der westhuizen	11:23.275	11:58.368	12:22.736	12:07.161	12:22.731	12:13.725	12:34.452	1:25:02.448
6	11	Martin	Freyer	11:46.487	12:10.629	12:15.674	12:19.932	12:41.045	12:50.791	13:21.605	1:27:26.163
7	9	Tumelo	Makae	11:50.616	12:31.071	13:16.359	13:06.998	12:51.922	13:05	13:29.353	1:30:11.319
8	10	Xavier	Papo	12:18.481	13:02.834	12:59.918	12:52.815	13:18.715	13:35.608	15:04.394	1:33:12.765
9	6	Nicolaas	Swart	13:04.624	13:57.882	14:16.007	14:08.289	14:27.515	15:35.628		1:25:29.945

10	4	Maruen	Kleopas	13:25.088	13:57.758	14:50.917	14:57.818	15:39.684	16:41.098		1:29:32.363
11	7	Simon	Johannes	13:25.216	13:58.027	16:47.144	17:50.678	19:28.057			1:21:29.122

Sub Vet Woman							
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	46	Nicola	Fester	16:13.677	16:43.375	17:11.302	50:08.354

Sub Vet Men								
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	50	Ananais	Tamatie	13:13.380	12:47.044	12:53.982	13:14.595	52:09.001
2	25	Petrus	Human	13:01.471	13:14.314	14:41.907	13:41.063	54:38.755
3	24	Michael	Falk	14:22.407	15:32.476	15:47.402	16:20.820	1:02:03.105

Veteran Woman							
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
DNS	22	Hannah	Lewis Winter	-	-	-	-

Veteran Men								
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	62	Marc	Bassinghwaighte	13:53.280	13:55.127	14:27.457	14:02.278	56:18.142
2	26	Vernon	Maresch	13:39.030	14:08.539	14:29.450	14:12.189	56:29.208
3	48	Philip	Steyn	14:55.432	15:28.880	15:22.825	15:45.098	1:01:32.235

Master Men							
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	45	Hans	du Toit	13:53.329	14:33.457	14:40.602	43:07.388
2	31	Greg	Chase	13:56.082	14:55.496	14:51.734	43:43.312
3	28	THERALD	MURCH	14:43.244	15:38.445	16:06.538	46:28.227
4	30	Stefan	van Doorn	15:54.283	17:02.357	17:06.175	50:02.815
DNS	27	Billy	Heigan	-	-	-	-
DNS	29	Christian	Winter	-	-	-	-

Grand Master Woman						
Position	Race No.	Name	Surname	Lap 1	Lap 2	Time
1	49	Carolyn	Janik	12:11.756	12:04.795	24:16.551
2	23	MANDY	HUYSAMEN	11:58.327	12:23.488	24:21.815

Marathon Women							
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Time
1	21	Genevieve	Weber	08:48.327	08:48.937	08:56.805	26:34.069
2	18	JaneE	Engelbrecht	12:32.284	13:58.950	13:58.066	40:29.300

Marathon Men										
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time
1	51	Ruan	Gous	07:38.228	08:00.106	08:02.551	07:58.508	08:02.871	08:04.327	47:46.591
2	11	Pierre	Lambert	07:36.149	08:01.492	08:06.607	08:02.673	08:03.772	08:43.327	48:34.020
3	16	Franco	Thiel	08:02.228	09:03.436	09:03.178	09:03.475	09:14.274	09:14.287	53:40.878
4	12	Jan louis	Mostert	09:54.053	09:11.634	09:31.904	09:01.749	09:07.855	10:27.310	57:14.505
5	15	Pieter	Engelbrecht	11:16.354	12:20.531	13:55.257	13:40.406	12:46.594		1:03:59.142

Rhino Men									
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Time
1	52	Peter	Le Riche	08:50.459	09:17.700	09:27.508	09:29.475	09:29.053	46:34.195
2	17	Mike H	Baartman	09:10.756	09:21.865	09:29.640	09:37.640	09:34.822	47:14.723
3	14	Freddy	Van Zyl	09:56.522	10:00	10:23.574	10:47.455	10:18.723	51:26.274
4	13	Johann	Mouton	09:55.525	10:04.822	10:28.178	10:42.175	10:39.574	51:50.274

E-Bike Open Men												
Position	Race No.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time
1	53	Volker	Trubenbach	06:54.819	06:54.528	07:07.538	06:56.145	07:12.089	07:07.208	06:56.957	07:04.792	56:14.076