

2024 NEDBANK ROCK & RUT XC 2

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Marathon Men								
Andre	Cornelissen	572	1113	8	08:36:54	09:17:29	00:40:36	1
Ruhan	Gous	571	479	8	08:36:54	09:17:31	00:40:37	2
Jg	Van der Westhuizen	375	526	8	08:36:54	09:20:51	00:43:58	3
Marcus	Shinyemba	558	1122	7	08:36:54	09:19:38	00:42:44	4
Wimpie	Bronner	400	675	7	08:36:54	09:20:48	00:43:54	5
Pieter	Engelbrecht	373	21895	6	08:36:54	09:17:27	00:40:33	6
Shaun	Fobian	569	1147	0	08:36:54	DNF	DNF	DNF
Marathon Women								
Jane	Engelbrecht	372	21893	5	08:36:54	09:16:00	00:39:06	1
Willa	Bronner	55	677	5	08:36:54	09:08:50	00:31:57	2
Belinda	Van Rhyn	531	19115	5	08:36:54	09:05:09	00:28:15	3
Sprog Boys (U12)								
JP	Lambert	165	450	5	08:38:51	09:06:50	00:27:59	1
Harry Cormac	Kibble	374	1093	5	08:38:51	09:06:51	00:28:00	2
Sion	Liebenberg	279	1136	5	08:38:51	09:09:15	00:30:24	3
Nipper Boys (U10)								
Cody	Heigan	392	874	4	08:38:51	09:02:55	00:24:04	1
Dennis	Bassingthwaighte	540	19227	4	08:38:51	09:04:10	00:25:19	2
Lance	Hinze	520	19021	4	08:38:51	09:04:10	00:25:19	3
Luca	Samuelson	390	740	4	08:38:51	09:08:09	00:29:18	4
Ted	Rust	381	795	4	08:38:51	09:10:52	00:32:01	5
Hendro	van der Merwe	586	5380	4	08:38:51	09:19:11	00:40:20	6
Neil	Liebenberg	132	1068	3	08:38:51	09:04:05	00:25:14	7
Zayn	Mouton	371	21894	3	08:38:51	09:05:39	00:26:49	8
Sprog Girls (U12)								
Qara	Volschenk	274	1059	4	08:40:52	09:04:29	00:23:36	1
Mienke	De Beer	336	1149	4	08:40:52	09:07:54	00:27:01	2
Nipper Girls (U10)								
Linn	Lambert	162	842	3	08:40:52	09:00:34	00:19:42	1
Kiana	Brand	294	701	3	08:40:52	09:02:20	00:21:27	2
Mila	Celliers	338	1137	3	08:40:52	09:02:22	00:21:30	3
Dahlia	Van Greunen	544	18942	0	08:40:52	08:52:25	DNF	DNF
E-Bike Men								
Frank	Klostas	357	545	6	09:32:36	10:22:32	00:49:55	1
Michael	Lowe	111	25	6	09:32:36	10:25:03	00:52:26	2
Frederick Chuckmeist	Van Greunen	579	330	6	09:32:36	10:25:14	00:52:37	3
Sub-Junior Boys (U14)								
Micah	Chase	15	417	4	09:33:42	10:13:12	00:39:30	1
Francois	Van Zyl	395	968	4	09:33:42	10:15:24	00:41:42	2
York	Ahrens	577	234	4	09:33:42	10:18:28	00:44:46	3
Karl-Nikolai	Lisse	286	1033	4	09:33:42	10:20:47	00:47:05	4
Max	Heigan	394	383	4	09:33:42	10:21:57	00:48:16	5
Rhino Men (90kg+)								
Mike	Baartman	34	395	4	09:35:10	10:22:35	00:47:24	1
Johann	Mouton	113	379	4	09:35:10	10:29:47	00:54:36	2
Grandmaster Men (60+)								
Frank	Snyman	389	160	4	09:35:10	10:17:31	00:42:21	1
Volker	Trubenbach		730	4	09:35:10	10:20:56	00:45:46	2
Rolf	Adrian	333	799	4	09:35:10	10:22:01	00:46:51	3
E-Bike Women								
Claudia	Suren	117	62	4	09:36:08	10:21:10	00:45:02	1
Lionie	Meyer	358	588	4	09:36:08	10:22:29	00:46:21	2

Sub-Junior Girls (U14)								
Nicole	Suren	116	64	3	09:36:08	10:09:09	00:33:01	1
Joadri	De Beer	337	1148	3	09:36:08	10:17:13	00:41:06	2
Elite Women								
Mimi	Hough	309	319	6	10:46:30	11:48:49	01:02:19	1
Sub Vet Women (30-39)								
Michelle	Doman	227	728	5	10:46:30	11:28:53	00:42:23	1
Nicola	Fester	52	462	5	10:46:30	11:28:55	00:42:25	2
Veteran Women (40-49)								
Sonja	Obholzer	600	496	5	10:46:30	11:33:48	00:47:18	1
Youth Girls (U16)								
Rosemarie	Thiel	121	253	5	10:46:30	11:28:32	00:42:02	1
Master Women (50+)								
Susanne	Borg	576	402	5	10:46:30	11:35:07	00:48:37	1
Elanor	Grassow	48	466	5	10:46:30	11:35:13	00:48:43	2
Mandy	Huysamen	75	391	5	10:46:30	11:38:56	00:52:26	3
Elite & U23 Men								
Kevin	Lowe	11	24	8	12:15:08	13:22:19	01:07:11	1
Theuns	Van Der Westhuizen	289	522	8	12:15:08	13:24:19	01:09:11	2
Adrian	Key	35	240	8	12:15:08	13:28:32	01:13:24	3
Danzel	De Koe	365	233	7	12:15:08	13:22:47	01:07:39	4
Jaques	Hanekom	583	1026	7	12:15:08	13:23:50	01:08:42	5
Simon	Johannes	361	459	6	12:15:08	13:28:11	01:13:03	6
Junior Men (U18)								
Justus	Beulker	384	595	7	12:15:08	13:21:23	01:06:15	1
Youth Boys (U16)								
Marco	Thiel	119	251	5	12:15:08	12:57:35	00:42:27	1
Sean	Lowe	10	23	5	12:15:08	12:58:35	00:43:27	2
Christiaan	Van Der Westhuizen	368	829	5	12:15:08	12:58:35	00:43:27	3
Nathan	Chase	16	418	5	12:15:08	12:59:02	00:43:54	4
Julius	Braun	322	602	5	12:15:08	13:03:02	00:47:54	5
Theodor	Janse van Vuuren	12	437	5	12:15:08	13:03:33	00:48:25	6
Mike O	Baartman	24	396	5	12:15:08	13:03:35	00:48:27	7
Franco	Thiel	120	252	5	12:15:08	13:06:41	00:51:33	8
Sub Veteran Men (30-39)								
Ananias	Ananias	154	212	6	12:17:07	13:12:21	00:55:13	1
Petrus	Human	353	244	6	12:17:07	13:12:21	00:55:14	2
Pierre	Lambert	166	146	6	12:17:07	13:16:15	00:59:07	3
Michael	Falk	261	897	6	12:17:07	13:16:49	00:59:42	4
Jaco	Snyman	581	392	6	12:17:07	13:19:28	01:02:21	5
Veteran Men (40-49)								
Vernon	Maresch	348	419	6	12:18:06	13:14:30	00:56:24	1
Marcel	Suren	118	71	6	12:18:06	13:14:52	00:56:47	2
Jacques	Celliers	307	60	6	12:18:06	13:16:25	00:58:20	3
Louis	Prins	91	154	6	12:18:06	13:17:49	00:59:43	4
Andre	Van Deventer	249	911	6	12:18:06	13:25:10	01:07:04	5
Hanso	Diehl	505	120	5	12:18:06	13:18:28	01:00:22	6
Jacques	Van Zyl	308	312	1	12:18:06	12:28:11	DNF	DNF
Master Men (50+)								
Greg	Chase	314	184	5	12:18:06	13:07:11	00:49:05	1
Ian	Grassow	99	174	5	12:18:06	13:10:18	00:52:12	2
Stefan	Schuyling Van Doorn	46	804	5	12:18:06	13:13:19	00:55:14	3
Niels	Serrer	194	666	5	12:18:06	13:20:08	01:02:02	4