



MAKE THINGS HAPPEN

NEDBANK  
NAMIBIA

## 2015 NATIONAL XCM CHAMPIONSHIPS AND MTB CHALLENGES

NR	TAG	NAME	SURNAME	CAT	CAT POS	START	FINISH	TIME
<b>NATIONAL XCM CHAMPIONSHIPS - MEN 75KM</b>								
10	10712	RAUL COSTA	SEIBEB	75EM	1	6:58:39	10:11:08.76	3:12:30
16	10718	MARTIN	FREYER	75U23M	1	6:58:39	10:16:31.58	3:17:53
8	10710	XAVIER	PAPO	75EM	2	6:58:39	10:23:03.21	3:24:25
1	10703	HEIKO	REDECKER	75EM	3	6:58:39	10:25:43.92	3:27:05
54	10756	PIET	SWIEGERS	75VM	1	6:58:39	10:34:33.16	3:35:54
19	10721	MICHAEL	PRETORIUS	75U23M	2	6:58:39	10:35:02.17	3:36:23
42	10744	IAN	GRASSOW	75VM	2	6:58:39	10:41:59.20	3:43:21
112	10814	GERHARD	MANS JNR	75EM	4	6:58:39	10:46:48.44	3:48:10
35	10737	PHILIP	STEYN	75SVM	1	6:58:39	10:51:25.25	3:52:47
7	10709	TJIPE	MURANGI	75EM	5	6:58:39	10:55:17.70	3:56:39
31	10733	PIERRE	KNOETZE	75SVM	2	6:58:39	10:57:17.38	3:58:39
81	10783	JACO	HANEKOM	75EM	6	6:58:39	11:00:29.23	4:01:51
46	10748	ADRIAN	DE LA HARPE	75VM	3	6:58:39	11:00:52.82	4:02:14
13	10715	MARNUS	VERDOES	75EM	7	6:58:39	11:04:07.50	4:05:29
28	10730	FREDERICK	VAN GREUNEN	75SVM	3	6:58:39	11:05:00.99	4:06:22
2	10704	ANDRE	DE KLERK	75EM	8	6:58:39	11:06:09.02	4:07:30
15	10717	CHARL	FOUCHE	75U23M	3	6:58:39	11:06:10.88	4:07:32
36	10738	JOHANN	WASSERFALL	75SVM	4	6:58:39	11:06:15.25	4:07:37
109	10811	MARTIN	SHEYA	75U23M	4	6:58:39	11:09:26.17	4:10:47
29	10731	VERNON	MARESCH	75SVM	5	6:58:39	11:09:53.51	4:11:15
57	10759	STEFAN	BOHLKE	75MM	1	6:58:39	11:11:23.01	4:12:44
9	10711	SVEN	PATZNER	75EM	9	6:58:39	11:12:50.58	4:14:12
14	10716	TIM	WUCHER	75EM	10	6:58:39	11:12:50.80	4:14:12
22	10724	CLAYTON	VILJOEN	75SVM	6	6:58:39	11:14:02.96	4:15:24
33	10735	JACQUES	CELLIERS	75SVM	7	6:58:39	11:14:04.42	4:15:26
43	10745	CLINTON	HILFIKER	75VM	4	6:58:39	11:19:09.12	4:20:30
56	10758	<b>JOHANN</b>	<b>VORSTER (RSA)</b>	75VM	<b>(5)RSA</b>	6:58:39	11:20:21.02	4:21:42
62	10764	FRANK	SNYMAN	75MM	2	6:58:39	11:21:10.19	4:22:32
12	10714	WILLIE MAC	VAN ZYL	75EM	11	6:58:39	11:21:38.14	4:22:59
47	10749	KARSTEN	DENK	75VM	6	6:58:39	11:24:32.50	4:25:54
4	10706	EUGENE	ELLIS	75EM	12	6:58:39	11:25:19.64	4:26:41
79	10781	NORBERT	MEYER	75EM	13	6:58:39	11:25:19.95	4:26:41
30	10732	HORST	NEUMANN	75SVM	8	6:58:39	11:26:52.55	4:28:14
83	10785	JERNEIL	BARTH	75U23M	5	6:58:39	11:32:53.41	4:34:15
111	10813	DANIEL	VILLINGER	75EM	14	6:58:39	11:33:42.99	4:35:04
17	10719	JOHANNES	HAMUNYELA	75U23M	6	6:58:39	11:33:43.27	4:35:05
49	10751	ZIEGGY	MENGERSSSEN	75VM	7	6:58:39	11:35:34.77	4:36:56
60	10762	JOHANN	LIEBENBERG	75MM	3	6:58:39	11:36:35.56	4:37:57
23	10725	HEINRICH	KOHNE	75SVM	9	6:58:39	11:46:36.77	4:47:58
89	10791	KLAUS	FRIELINGSDORF	75VM	8	6:58:39	11:52:04.56	4:53:26
5	10707	MARTIN	HAVENGA	75EM	15	6:58:39	11:53:33.89	4:54:55
44	10746	LEANDER	BORG	75VM	9	6:58:39	11:58:34.97	4:59:56
48	10750	CARL	HAHN	75VM	10	6:58:39	12:00:06.56	5:01:28
63	10765	LUKAS	COETZER	75MM	4	6:58:39	12:06:51.14	5:08:12
80	10782	ANDREAS	EWALD	75EM	16	6:58:39	12:12:18.68	5:13:40
11	10713	KAREL	THERON	75EM	17	6:58:39	12:13:49.82	5:15:11

59	10761	STEVE	PRINSLOO	75MM	5	6:58:39	12:22:35.40	5:23:57
61	10763	JAN MATTHYS	NEL	75MM	6	6:58:39	12:26:48.52	5:28:10
27	10729	KOBUS	DU PLOOY	75SVM	10	6:58:39	12:56:08.99	5:57:30
21	10723	RICHARD	FORD	75SVM	11	6:58:39	12:56:46.63	5:58:08
37	10739	THOMAS	LUX	75MM	7	6:58:39	12:56:46.72	5:58:08
6	10708	PETRUS	MEIRING	75EM	DNF	6:58:39	#N/A	DNF
82	10784	ROBIN	HOLZE	75EM	DNF	6:58:39	#N/A	DNF
3	10705	GEORGE	DIENER	75EM	DNF	6:58:39	#N/A	DNF
24	10726	GORDON	PIETERS	75SVM	DNF	6:58:39	#N/A	DNF
25	10727	DANIE	JOUBERT	75SVM	DNF	6:58:39	#N/A	DNF
32	10734	JOHAN	WALLIS	75SVM	DNF	6:58:39	#N/A	DNF
34	10736	NATHANIEL	HENCKERT	75SVM	DNF	6:58:39	#N/A	DNF
50	10752	DEON	STEENKAMP	75VM	DNF	6:58:39	#N/A	DNF
53	10755	LUKE	PENNEFATHER	75VM	DNF	6:58:39	#N/A	DNF
40	10742	BRIAN	KEY	75VM	DNF	6:58:39	#N/A	DNF
58	10760	MARKUS	LUBBE	75MM	DNF	6:58:39	#N/A	DNF

### NATIONAL XCM CHAMPIONSHIPS - WOMEN 75KM

73	10775	MICHELLE	VORSTER	75SVW	1	7:10:10	11:09:55.29	3:59:46
69	10771	IRENE	STEYN	75SVW	2	7:10:10	11:17:22.25	4:07:13
72	10774	<b>GENEVIEVE</b>	<b>WEBER (RSA)</b>	75SVW	<b>(3)RSA</b>	7:10:10	11:30:24.46	4:20:15
70	10772	JOHANITA	DE WAAL	75SVW	4	7:10:10	12:08:31.05	4:58:21
68	10770	GESA	KOCK	75SVW	5	7:10:10	12:09:30.11	4:59:21
97	10799	ILANI	AVIS	75EW	1	7:10:10	12:29:01.00	5:18:51
78	10780	MANDY	HUYSAMEN	75MW	1	7:10:10	12:30:04.14	5:19:55
74	10776	SANTIE	VAN DER WALT	75VW	1	7:10:10	12:34:02.17	5:23:53
77	10779	ANTJE	TIETZ	75VW	2	7:10:10	12:58:59.98	5:48:50
66	10768	MINIONE	LATEGAN	75EW	2	7:10:10	13:06:49.43	5:56:40
96	10798	WANETTE	HANEKOM	75EW	DNF	7:10:10	#N/A	DNF
76	10778	ZOE	MITCHELL	75VW	DNS	#N/A	#N/A	DNS
101	10803	WANDA	TATTERSALL	75VW	DNS	#N/A	#N/A	DNS

NR	TAG	NAME	SURNAME	CAT	START	FINISH	TIME	POS
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### ELITE MEN 75KM (23 -29)

10	10712	RAUL COSTA	SEIBEB	75EM	6:58:39	10:11:08.76	3:12:30	1
8	10710	XAVIER	PAPO	75EM	6:58:39	10:23:03.21	3:24:25	2
1	10703	HEIKO	REDECKER	75EM	6:58:39	10:25:43.92	3:27:05	3
112	10814	GERHARD	MANS JNR	75EM	6:58:39	10:46:48.44	3:48:10	4
7	10709	TJIPE	MURANGI	75EM	6:58:39	10:55:17.70	3:56:39	5
81	10783	JACO	HANEKOM	75EM	6:58:39	11:00:29.23	4:01:51	6
13	10715	MARNUS	VERDOES	75EM	6:58:39	11:04:07.50	4:05:29	7
2	10704	ANDRE	DE KLERK	75EM	6:58:39	11:06:09.02	4:07:30	8
9	10711	SVEN	PATZNER	75EM	6:58:39	11:12:50.58	4:14:12	9
14	10716	TIM	WUCHER	75EM	6:58:39	11:12:50.80	4:14:12	10
12	10714	WILLIE MAC	VAN ZYL	75EM	6:58:39	11:21:38.14	4:22:59	11
4	10706	EUGENE	ELLIS	75EM	6:58:39	11:25:19.64	4:26:41	12
79	10781	NORBERT	MEYER	75EM	6:58:39	11:25:19.95	4:26:41	13
111	10813	DANIEL	VILLINGER	75EM	6:58:39	11:33:42.99	4:35:04	14
5	10707	MARTIN	HAVENGA	75EM	6:58:39	11:53:33.89	4:54:55	15
80	10782	ANDREAS	EWALD	75EM	6:58:39	12:12:18.68	5:13:40	16
11	10713	KAREL	THERON	75EM	6:58:39	12:13:49.82	5:15:11	17
6	10708	PETRUS	MEIRING	75EM	6:58:39	#N/A	DNF	DNF
82	10784	ROBIN	HOLZE	75EM	6:58:39	#N/A	DNF	DNF
3	10705	GEORGE	DIENER	75EM	6:58:39	#N/A	DNF	DNF

### UNDER 23 MEN 75KM (19 -22)

16	10718	MARTIN	FREYER	75U23M	6:58:39	10:16:31.58	3:17:53	1
19	10721	MICHAEL	PRETORIUS	75U23M	6:58:39	10:35:02.17	3:36:23	2
15	10717	CHARL	FOUCHE	75U23M	6:58:39	11:06:10.88	4:07:32	3
109	10811	MARTIN	SHEYA	75U23M	6:58:39	11:09:26.17	4:10:47	4

83	10785	JERNEIL	BARTH	75U23M	6:58:39	11:32:53.41	4:34:15	5
17	10719	JOHANNES	HAMUNYELA	75U23M	6:58:39	11:33:43.27	4:35:05	6
<b>SUB VETERAN MEN 75KM (30 -39)</b>								
35	10737	PHILIP	STEYN	75SVM	6:58:39	10:51:25.25	3:52:47	1
31	10733	PIERRE	KNOETZE	75SVM	6:58:39	10:57:17.38	3:58:39	2
28	10730	FREDERICK	VAN GREUNEN	75SVM	6:58:39	11:05:00.99	4:06:22	3
36	10738	JOHANN	WASSERFALL	75SVM	6:58:39	11:06:15.25	4:07:37	4
29	10731	VERNON	MARESCH	75SVM	6:58:39	11:09:53.51	4:11:15	5
22	10724	CLAYTON	VILJOEN	75SVM	6:58:39	11:14:02.96	4:15:24	6
33	10735	JACQUES	CELLIERS	75SVM	6:58:39	11:14:04.42	4:15:26	7
30	10732	HORST	NEUMANN	75SVM	6:58:39	11:26:52.55	4:28:14	8
23	10725	HEINRICH	KOHNE	75SVM	6:58:39	11:46:36.77	4:47:58	9
27	10729	KOBUS	DU PLOOY	75SVM	6:58:39	12:56:08.99	5:57:30	10
21	10723	RICHARD	FORD	75SVM	6:58:39	12:56:46.63	5:58:08	11
24	10726	GORDON	PIETERS	75SVM	6:58:39	#N/A	DNF	DNF
25	10727	DANIE	JOUBERT	75SVM	6:58:39	#N/A	DNF	DNF
32	10734	JOHAN	WALLIS	75SVM	6:58:39	#N/A	DNF	DNF
34	10736	NATHANIEL	HENCKERT	75SVM	6:58:39	#N/A	DNF	DNF
<b>VETERAN MEN 75KM (40 -49)</b>								
54	10756	PIET	SWIEGERS	75VM	6:58:39	10:34:33.16	3:35:54	1
42	10744	IAN	GRASSOW	75VM	6:58:39	10:41:59.20	3:43:21	2
46	10748	ADRIAN	DE LA HARPE	75VM	6:58:39	11:00:52.82	4:02:14	3
43	10745	CLINTON	HILFIKER	75VM	6:58:39	11:19:09.12	4:20:30	4
56	10758	<b>JOHANN</b>	<b>VORSTER (RSA)</b>	75VM	6:58:39	11:20:21.02	4:21:42	<b>(5)RSA</b>
47	10749	KARSTEN	DENK	75VM	6:58:39	11:24:32.50	4:25:54	6
49	10751	ZIEGGY	MENGERSEN	75VM	6:58:39	11:35:34.77	4:36:56	7
89	10791	KLAUS	FRIELINGSDORF	75VM	6:58:39	11:52:04.56	4:53:26	8
44	10746	LEANDER	BORG	75VM	6:58:39	11:58:34.97	4:59:56	9
48	10750	CARL	HAHN	75VM	6:58:39	12:00:06.56	5:01:28	10
50	10752	DEON	STEENKAMP	75VM	6:58:39	#N/A	DNF	DNF
53	10755	LUKE	PENNEFATHER	75VM	6:58:39	#N/A	DNF	DNF
40	10742	BRIAN	KEY	75VM	6:58:39	#N/A	DNF	DNF
<b>MASTER MEN 75KM (50+)</b>								
57	10759	STEFAN	BOHLKE	75MM	6:58:39	11:11:23.01	4:12:44	1
62	10764	FRANK	SNYMAN	75MM	6:58:39	11:21:10.19	4:22:32	2
60	10762	JOHANN	LIEBENBERG	75MM	6:58:39	11:36:35.56	4:37:57	3
63	10765	LUKAS	COETZER	75MM	6:58:39	12:06:51.14	5:08:12	4
59	10761	STEVE	PRINSLOO	75MM	6:58:39	12:22:35.40	5:23:57	5
61	10763	JAN MATTHYS	NEL	75MM	6:58:39	12:26:48.52	5:28:10	6
37	10739	THOMAS	LUX	75MM	6:58:39	12:56:46.72	5:58:08	7
58	10760	MARKUS	LUBBE	75MM	6:58:39	#N/A	DNF	DNF
<b>ELITE WOMEN 75KM (19- 29)</b>								
97	10799	ILANI	AVIS	75EW	7:10:10	12:29:01.00	5:18:51	1
66	10768	MINIONE	LATEGAN	75EW	7:10:10	13:06:49.43	5:56:40	2
96	10798	WANETTE	HANEKOM	75EW	7:10:10	#N/A	DNF	DNF
<b>SUB VETERAM WOMEN 75KM (30 - 39)</b>								
73	10775	MICHELLE	VORSTER	75SVW	7:10:10	11:09:55.29	3:59:46	1
69	10771	IRENE	STEYN	75SVW	7:10:10	11:17:22.25	4:07:13	2
72	10774	<b>GENEVIEVE</b>	<b>WEBER (RSA)</b>	75SVW	7:10:10	11:30:24.46	4:20:15	<b>(3)RSA</b>
70	10772	JOHANITA	DE WAAL	75SVW	7:10:10	12:08:31.05	4:58:21	4
68	10770	GESA	KOCK	75SVW	7:10:10	12:09:30.11	4:59:21	5
<b>VETERAN WOMEN 75KM (40 - 49)</b>								
74	10776	SANTIE	VAN DER WALT	75VW	7:10:10	12:34:02.17	5:23:53	1
77	10779	ANTJE	TIETZ	75VW	7:10:10	12:58:59.98	5:48:50	2
76	10778	ZOE	MITCHELL	75VW	#N/A	#N/A	DNS	DNS
101	10803	WANDA	TATTERSALL	75VW	#N/A	#N/A	DNS	DNS

**MASTER WOMEN 75KM (50 +)**

78	10780	MANDY	HUYSAMEN	75MW	7:10:10	12:30:04.14	5:19:55	1
<b>MEN ALL CATEGORIES 35KM</b>								
3047	10498	TRISTAN	DE LANGE	35M	7:58:53	09:27:09.52	1:28:17	1
3137	10588	HERBERT	PETERS	35M	7:58:53	09:34:33.71	1:35:41	2
3186	10637	BRANDON	PLAATJIES	35M	7:58:53	09:40:58.34	1:42:05	3
3130	10581	LUKE	MUNTING	35M	7:58:53	09:42:38.88	1:43:46	4
3251	10702	MAXWELL	TJIURUTUE	35M	7:58:53	09:43:51.38	1:44:58	5
84	10786	RODERICK	VRIES	35M	7:58:53	09:44:52.48	1:45:59	6
3085	10536	MARCEL	HOLTZ	35M	7:58:53	09:45:50.90	1:46:58	7
3071	10522	WYNANDT	GOUWS	35M	7:58:53	09:51:56.81	1:53:04	8
3068	10519	BURGER	FOURIE	35M	7:58:53	09:53:00.37	1:54:07	9
894	5594	ECKHARDT	WALDSCHMIDT	35M	7:58:53	09:55:55.93	1:57:03	10
3024	10475	HENCO	BLAAUW	35M	7:58:53	09:57:01.26	1:58:08	11
3164	10615	VOLKER	TRUBENBACH	35M	7:58:53	09:57:20.65	1:58:28	12
3046	10497	ANDRE	DE JAGER	35M	7:58:53	09:57:25.06	1:58:32	13
3180	10631	ALLAN	VIVIER	35M	7:58:53	09:57:44.70	1:58:52	14
898	5598	PETRUS	HENDJALA	35M	7:58:53	09:57:58.15	1:59:05	15
3054	10505	CHARL	DU PLOOY	35M	7:58:53	09:59:42.12	2:00:49	16
892	5592	HERCULES	VILJOEN	35M	7:58:53	10:01:59.95	2:03:07	17
3139	10590	HEIKO	REIFF	35M	7:58:53	10:02:15.03	2:03:22	18
3185	10636	WILLEM	VAN GREUNEN	35M	7:58:53	10:04:21.06	2:05:28	19
899	5599	PETRUS	MAWANO	35M	7:58:53	10:04:33.29	2:05:40	20
3081	10532	MANNIE	HEYMANS	35M	7:58:53	10:05:03.52	2:06:11	21
3117	10568	JACQUES	MARAIS	35M	7:58:53	10:05:04.19	2:06:11	22
3086	10537	WYNAND	HOLTZ	35M	7:58:53	10:07:49.21	2:08:56	23
3168	10619	PETER	VAN DER MERWE	35M	7:58:53	10:08:13.58	2:09:21	24
3049	10500	DRIKUS	DELPORT	35M	7:58:53	10:09:00.33	2:10:07	25
3082	10533	THEO	HOEKSEMA	35M	7:58:53	10:09:04.34	2:10:11	26
3072	10523	GUSTAV	GOUWS	35M	7:58:53	10:09:04.93	2:10:12	27
3026	10477	DANIE	BLIGNAUT	35M	7:58:53	10:09:06.43	2:10:13	28
3235	10686	GREG	CHASE	35M	7:58:53	10:09:35.58	2:10:43	29
3106	10557	MARINUS	KRUGER	35M	7:58:53	10:09:40.80	2:10:48	30
3115	10566	JEANNE	LOWE	35M	7:58:53	10:09:58.05	2:11:05	31
3237	10688	CHRISTO	DU RAAN	35M	7:58:53	10:09:58.49	2:11:05	32
3028	10479	SAREL	BOSHOFF	35M	7:58:53	10:10:20.31	2:11:27	33
3136	10587	GUNTER	PENZHORN	35M	7:58:53	10:11:01.96	2:12:09	34
3126	10577	JULIAN	MOUTON	35M	7:58:53	10:12:28.38	2:13:35	35
3019	11996	CHRISTIAAN	BEAN	35M	7:58:53	10:14:08.69	2:15:16	36
3004	11981	GEORGE	HAMUKWAYA	35M	7:58:53	10:15:03.20	2:16:10	37
3036	10487	JAN	BURGER	35M	7:58:53	10:15:03.64	2:16:11	38
3091	10542	PAUL	JANUARIE	35M	7:58:53	10:15:14.50	2:16:21	39
3056	10507	RENE	DU PREEZ	35M	7:58:53	10:15:38.36	2:16:45	40
3112	10563	CRONJE	LOFTIE-EATON	35M	7:58:53	10:17:28.35	2:18:35	41
3167	10618	HERMAN	VAN DER MERWE	35M	7:58:53	10:17:43.73	2:18:51	42
3178	10629	EDDIE	VILJOEN	35M	7:58:53	10:18:03.75	2:19:11	43
3232	10683	TIMON	KOHLI	35M	7:58:53	10:18:14.78	2:19:22	44
3102	10553	HENNIE	KOHNE	35M	7:58:53	10:19:19.72	2:20:27	45
3234	10685	NICOLAAS	HOEKSEMA	35M	7:58:53	10:19:30.97	2:20:38	46
3006	11983	JOHANNES	NDUMBA	35M	7:58:53	10:20:20.16	2:21:27	47
3105	10556	JEAN-CARLO	KROHNE	35M	7:58:53	10:21:06.08	2:22:13	48
3092	10543	CONRAD	JANUARY	35M	7:58:53	10:21:13.61	2:22:21	49
3013	11990	MICHAEL	ANDERSON	35M	7:58:53	10:22:29.35	2:23:36	50
3063	10514	VOLKER	ENGLING	35M	7:58:53	10:22:31.89	2:23:39	51
947	3661	GIOVANNI	BAUMANN	35M	7:58:53	10:23:23.49	2:24:30	52
3009	11986	WIM	BOSHOFF	35M	7:58:53	10:23:35.94	2:24:43	53

3088	10539	ANDRE	HUYSAMEN	35M	7:58:53	10:24:24.13	2:25:31	54
3230	10681	MEYER	WIESE	35M	7:58:53	10:24:30.78	2:25:38	55
3244	10695	LAFRAS	MOOLMAN	35M	7:58:53	10:25:25.50	2:26:32	56
20	10722	MACQUELIN	WINKLER	35M	7:58:53	10:26:43.22	2:27:50	57
3022	11999	EWALD	BISSCHOFF	35M	7:58:53	10:26:59.97	2:28:07	58
18	10720	JAN HENDRIK	HEATH	35M	7:58:53	10:27:12.13	2:28:19	59
3098	10549	BRIAN	KIBBLE	35M	7:58:53	10:27:33.51	2:28:41	60
3141	10592	DYLAN	SAUNDERS	35M	7:58:53	10:27:38.48	2:28:45	61
3147	10598	PHILLIP	SONNTAG	35M	7:58:53	10:27:50.37	2:28:57	62
3101	10552	DIETER	KOEN	35M	7:58:53	10:28:07.69	2:29:15	63
3100	10551	TITUS	KOEN	35M	7:58:53	10:28:08.70	2:29:16	64
3111	10562	CHRISTO	LE ROUX	35M	7:58:53	10:28:44.30	2:29:51	65
3125	10576	JAN LOUIS	MOSTERT	35M	7:58:53	10:29:08.72	2:30:16	66
3045	10496	JUANDRE JOSWIN	CUPIDO	35M	7:58:53	10:29:26.43	2:30:33	67
3015	11992	ARMID	AZADEH	35M	7:58:53	10:30:47.72	2:31:55	68
939	3653	DANIEL	MBAKO	35M	7:58:53	10:30:57.02	2:32:04	69
3069	10520	ECKHART	FREYER	35M	7:58:53	10:31:15.22	2:32:22	70
3159	10610	PHILLIP	THEISSEN	35M	7:58:53	10:34:25.65	2:35:33	71
3158	10609	AXEL	THEISSEN	35M	7:58:53	10:34:25.68	2:35:33	72
948	3662	KARL	FRIELINGSDORF	35M	7:58:53	10:34:32.88	2:35:40	73
3123	10574	JOHAN	MOLLER	35M	7:58:53	10:34:37.59	2:35:45	74
3055	10506	DIVAN	DU PLOOY	35M	7:58:53	10:35:32.14	2:36:39	75
3052	10503	JOHAN	DU PLESSIS	35M	7:58:53	10:36:02.58	2:37:10	76
3239	10690	DIRK	VISSER	35M	7:58:53	10:36:12.25	2:37:19	77
3021	11998	GERALDO	BEZUIDENHOUT	35M	7:58:53	10:36:13.53	2:37:21	78
3120	10571	ALEJANDRO	MARTINEZ	35M	7:58:53	10:36:28.24	2:37:35	79
3075	10526	KARL HELMUT	GRUNSCHLOSS	35M	7:58:53	10:37:30.78	2:38:38	80
3144	10595	THOMAS	SEIFART	35M	7:58:53	10:37:36.32	2:38:43	81
3064	10515	NARDUS	ERASMUS	35M	7:58:53	10:37:47.40	2:38:54	82
3248	10699	VINCENT	SHAW	35M	7:58:53	10:37:50.45	2:38:57	83
3037	10488	WILLIAM	CAMM	35M	7:58:53	10:38:10.49	2:39:17	84
3154	10605	NICOLAAS	SWART	35M	7:58:53	10:38:36.26	2:39:43	85
3149	10600	BRYN	STAFFORD-EVANS	35M	7:58:53	10:38:53.87	2:40:01	86
3161	10612	NAUDE	THERON	35M	7:58:53	10:38:54.14	2:40:01	87
3133	10584	PAUL J	OPPERMAN	35M	7:58:53	10:39:26.50	2:40:33	88
3078	10529	HORST	HEIMSTADT	35M	7:58:53	10:39:56.78	2:41:04	89
3057	10508	RENIER	TALJAARD	35M	7:58:53	10:40:16.91	2:41:24	90
3062	10513	JANDRE	ENGELBRACHT	35M	7:58:53	10:40:49.14	2:41:56	91
3097	10548	STEPHEN	KENNY	35M	7:58:53	10:41:51.63	2:42:59	92
3242	10693	THOMAS	RAITH	35M	7:58:53	10:41:52.44	2:42:59	93
3038	10489	EDDIE	CARSTENS	35M	7:58:53	10:41:59.89	2:43:07	94
3250	10701	CHARL	DE WET	35M	7:58:53	10:42:59.09	2:44:06	95
3051	10502	LOUIS	DU PISANI	35M	7:58:53	10:43:18.22	2:44:25	96
3131	10582	JOHAN	NEL	35M	7:58:53	10:44:52.45	2:45:59	97
3031	10482	CHRISTO	BRISLEY	35M	7:58:53	10:45:00.34	2:46:07	98
3066	10517	SHAUN	FOBIAN	35M	7:58:53	10:45:03.50	2:46:10	99
3080	10531	PETER	HERLE	35M	7:58:53	10:45:11.01	2:46:18	100
3241	10692	GERHARD	ROHE	35M	7:58:53	10:45:55.16	2:47:02	101
3035	10486	WILLEM	BURGER	35M	7:58:53	10:46:39.14	2:47:46	102
3162	10613	COBUS	THEYSE	35M	7:58:53	10:47:54.75	2:49:02	103
3033	10484	NIKO	BRUCKMER	35M	7:58:53	10:48:34.75	2:49:42	104
3032	10483	ALARIC	BRITZ	35M	7:58:53	10:48:35.22	2:49:42	105
3010	11987	RIAN	ALBERTS	35M	7:58:53	10:48:36.61	2:49:44	106
3124	10575	JOACHIM	MORAWETZ	35M	7:58:53	10:48:43.50	2:49:51	107
3109	10560	PETER	LE RICHE	35M	7:58:53	10:48:44.02	2:49:51	108
3236	10687	MAURICE	JANKOWSKI	35M	7:58:53	10:48:44.66	2:49:52	109

3061	10512	JUSTIN	ELLIS	35M	7:58:53	10:48:44.83	2:49:52	110
3116	10567	AGAPITUS	MAKANGO	35M	7:58:53	10:50:02.34	2:51:09	111
3034	10485	ANDREAS	BRUECKNER	35M	7:58:53	10:50:03.07	2:51:10	112
3042	10493	TERRY	COOPER	35M	7:58:53	10:50:20.45	2:51:27	113
3103	10554	LEON	KOHNE	35M	7:58:53	10:50:49.43	2:51:56	114
3040	10491	VERNON	CLOETE	35M	7:58:53	10:53:23.24	2:54:30	115
3058	10509	DANIE	DU TOIT	35M	7:58:53	10:53:23.34	2:54:30	116
3089	10540	WILLEM	HYMAN	35M	7:58:53	10:53:37.49	2:54:44	117
3083	10534	HENRY	HOEPTNER	35M	7:58:53	10:53:38.09	2:54:45	118
3108	10559	PIETER	LANGENHOVEN	35M	7:58:53	10:54:14.01	2:55:21	119
896	5596	JOHANNES	UHEKA	35M	7:58:53	10:54:37.98	2:55:45	120
3067	10518	JASPER	FOURIE	35M	7:58:53	10:56:37.05	2:57:44	121
3238	10689	ARMAND	STEYN	35M	7:58:53	10:57:22.05	2:58:29	122
3179	10630	MIGUELA	VINARAS	35M	7:58:53	10:57:57.03	2:59:04	123
3166	10617	ANDRE	VAN DER MERWE	35M	7:58:53	10:58:44.91	2:59:52	124
3014	11991	TERSIVS	ANNANDALE	35M	7:58:53	10:58:45.20	2:59:52	125
3128	10579	CHRIS	MUIR	35M	7:58:53	11:01:06.58	3:02:14	126
3134	10585	JOAO PAULO	PEDREIRO	35M	7:58:53	11:01:19.57	3:02:27	127
3002	11979	KARL-STEFAN	ALTMANN	35M	7:58:53	11:02:24.31	3:03:31	128
3153	10604	ANDRE	STEINTURTH	35M	7:58:53	11:03:38.51	3:04:46	129
3023	12000	HEIN	BISSCHOFF	35M	7:58:53	11:03:45.71	3:04:53	130
3127	10578	JOHANN	MOUTON	35M	7:58:53	11:03:45.82	3:04:53	131
3243	10694	CICCO	DU PLESSIS	35M	7:58:53	11:03:48.12	3:04:55	132
3182	10633	ANTON	WESTRAADT	35M	7:58:53	11:03:48.35	3:04:55	133
3059	10510	CORNE	EIGELAAR	35M	7:58:53	11:04:37.80	3:05:45	134
3138	10589	HARALD	PRESCHER	35M	7:58:53	11:06:33.14	3:07:40	135
3018	11995	ANDRE	BASSON	35M	7:58:53	11:07:28.30	3:08:35	136
3145	10596	LUCAS	SHITUMBA	35M	7:58:53	11:10:38.09	3:11:45	137
3012	11989	PENDA	AMADHILA	35M	7:58:53	11:10:53.16	3:12:00	138
3030	10481	GIDEON	BRINK	35M	7:58:53	11:10:54.26	3:12:01	139
3001	11978	FAIZEL	NICKEL	35M	7:58:53	11:11:42.99	3:12:50	140
3011	11988	IVO	ALVES	35M	7:58:53	11:13:36.10	3:14:43	141
3135	10586	MICHAEL	PEKALSKI	35M	7:58:53	11:16:38.57	3:17:46	142
3118	10569	BERTIE	MARITZ	35M	7:58:53	11:16:46.14	3:17:53	143
3087	10538	HENNIE	HORN	35M	7:58:53	11:19:40.39	3:20:47	144
3132	10583	SCHALK	OOSTHUIZEN	35M	7:58:53	11:19:51.66	3:20:59	145
940	3658	MARTIN	NIGHIFIVALI	35M	7:58:53	11:25:40.95	3:26:48	146
3041	10492	ANTHONY	COOMER	35M	7:58:53	11:25:41.03	3:26:48	147
3016	11993	ANCO	BAARD	35M	7:58:53	11:26:28.74	3:27:36	148
3003	11980	GARTH CORNELL	MOUTON	35M	7:58:53	11:29:23.77	3:30:31	149
3142	10593	TORSTEN	SCHIDLOWSKI	35M	7:58:53	11:30:52.81	3:32:00	150
3039	10490	PIETER	CARSTENS	35M	7:58:53	11:33:14.29	3:34:21	151
3240	10691	GRAHAM	MARITZ	35M	7:58:53	11:33:35.16	3:34:42	152
3143	10594	HEINRICH	SCHMIDT	35M	7:58:53	11:36:25.15	3:37:32	153
3090	10541	STANFORD	ISAACS	35M	7:58:53	11:40:56.63	3:42:04	154
3095	10546	LIDNEL	KANNAMEYA	35M	7:58:53	11:40:56.99	3:42:04	155
3150	10601	CHRIS	STEENKAMP	35M	7:58:53	11:41:26.19	3:42:33	156
3110	10561	JOHAN	LE ROUX	35M	7:58:53	11:41:26.57	3:42:34	157
3025	10476	ALBERTUS	BLIGNAUT	35M	7:58:53	11:44:12.41	3:45:19	158
3151	10602	JACO	STEENKAMP	35M	7:58:53	11:44:17.40	3:45:24	159
3099	10550	DERICK	KLEIN	35M	7:58:53	11:47:48.30	3:48:55	160
3231	10682	Wilmarc	LEWIES	35M	7:58:53	11:51:59.35	3:53:06	161
3065	10516	JACO	ESTERHUYSE	35M	7:58:53	11:54:52.69	3:56:00	162
3163	10614	GERARD	TROMP	35M	7:58:53	11:54:52.73	3:56:00	163
3171	10622	STEPHAN	VAN ROOYEN	35M	7:58:53	11:54:53.53	3:56:01	164
941	3654	JURIE	SWART	35M	7:58:53	12:02:19.64	4:03:27	165

3008	11985	CHRIS	ROSSOUW	35M	7:58:53	12:02:25.21	4:03:32	166
3005	11982	TEVIN	NICKEL	35M	7:58:53	12:09:17.76	4:10:25	167
3233	10684	MORNE	NELL	35M	7:58:53	12:09:42.11	4:10:49	168
3169	10620	JG	VD WESTHUIZEN	35M	7:58:53	12:09:42.26	4:10:49	169
893	5593	PETER	KOEP	35M	7:58:53	12:09:52.93	4:11:00	170
3122	10573	SHAUN	MILLARD	35M	7:58:53	12:10:01.12	4:11:08	171
3050	10501	HAYWARD	DOWIE	35M	7:58:53	12:31:23.53	4:32:31	172
3107	10558	SALMON	LAMPRECHT	35M	7:58:53	12:32:04.96	4:33:12	173
3119	10570	PAUL	MARSDEN	35M	7:58:53	12:53:53.32	4:55:00	174
3094	10545	ERNST	JOUBERT	35M	7:58:53	12:31:32.09	DNF	DNF
3074	10525	GARTH	GREYLING	35M	7:58:53	#N/A	DNF	DNF
3146	10597	FC	SMITH	35M	7:58:53	09:43:43.75	DQ	DQ
3017	11994	ISAAK	HIPITWAKO	35M	7:58:53	10:43:27.74	DQ	DQ
895	5595	STEPHEN	GALLOWAY	35M	7:58:53	#N/A	DQ	DQ
3020	11997	JOHAN	BEKKER	35M	7:58:53	#N/A	#N/A	DNF
3048	10499	COBUS	DE WAAL	35M	7:58:53	#N/A	#N/A	DNF
3114	10565	KOBUS	LOUW	35M	7:58:53	#N/A	#N/A	DNF
3129	10580	ANTHONY	MUIRHEAD	35M	7:58:53	#N/A	#N/A	DNF
3152	10603	WILLIAM	STEGMANN	35M	7:58:53	#N/A	#N/A	DNF
3183	10634	CRESSWELL	WILLIAMS	35M	7:58:53	#N/A	#N/A	DNF
3173	10624	SERGIO	DUCHAINED	35M	7:58:53	#N/A	#N/A	DNF
946	3660	JOHANN	MALAN	35M	7:58:53	#N/A	#N/A	DNF
945	3659	KAI	NOLTE	35M	7:58:53	#N/A	#N/A	DNF
3188	10639	KIERAN	PETERS	35M	7:58:53	#N/A	#N/A	DNF

### WOMEN ALL CATEGORIES 35KM

3199	10650	ELANOR	GRASSOW	35W	7:58:53	10:11:40.50	2:12:48	1
3187	10638	BARBARA	ACKERMANN	35W	7:58:53	10:12:32.91	2:13:40	2
3196	10647	STEPHANIE	FAUL	35W	7:58:53	10:14:21.65	2:15:29	3
3227	10678	ULANDE	VILJOEN	35W	7:58:53	10:15:47.63	2:16:55	4
3208	10659	ALETTI	LOWE	35W	7:58:53	10:21:45.40	2:22:52	5
3192	10643	ARETHA	BURGER	35W	7:58:53	10:22:57.28	2:24:04	6
3190	10641	MAIKE	BOCHERT	35W	7:58:53	10:24:24.10	2:25:31	7
3229	10680	PETRA	COMPION	35W	7:58:53	10:30:48.81	2:31:56	8
3247	10698	FRANCIE	GERBER	35W	7:58:53	10:35:45.16	2:36:52	9
3221	10672	WANDA	VAN DER MERWE	35W	7:58:53	10:36:08.69	2:37:16	10
3224	10675	MARA	VAN WYK	35W	7:58:53	10:38:40.80	2:39:48	11
3209	10660	MARLENE	MILLER	35W	7:58:53	10:39:27.13	2:40:34	12
3202	10653	ANKE	JANIK	35W	7:58:53	10:40:19.12	2:41:26	13
3194	10645	HEATHER	CRAEMER	35W	7:58:53	10:41:16.88	2:42:24	14
3200	10651	MICAELA	HAM	35W	7:58:53	10:44:57.09	2:46:04	15
3027	10478	MARI	LOFTIE-EATON	35W	7:58:53	10:45:42.31	2:46:49	16
3201	10652	PATRICIA	HOEKSEMA	35W	7:58:53	10:53:11.30	2:54:18	17
3219	10670	LIDIA	THERIM	35W	7:58:53	10:53:41.15	2:54:48	18
3203	10654	CAROLIN	JANIK	35W	7:58:53	10:53:45.05	2:54:52	19
3212	10663	MIMI	NIEUWOUDT	35W	7:58:53	10:56:07.02	2:57:14	20
3191	10642	KARIN	BROCKMANN	35W	7:58:53	10:57:45.20	2:58:52	21
3245	10696	DAWN	ADAMS REDELINGHUIS	35W	7:58:53	10:57:45.28	2:58:52	22
944	3657	ESTELLE	VAN ZYL	35W	7:58:53	11:01:14.34	3:02:21	23
943	3656	ANCOIS	FIDYTEK	35W	7:58:53	11:02:33.64	3:03:41	24
3197	10648	CLAIRE	GALL	35W	7:58:53	11:02:39.37	3:03:46	25
3217	10668	CHRISTINE	STEINTURTH	35W	7:58:53	11:03:38.54	3:04:46	26
3228	10679	HELET	WESTRAADT	35W	7:58:53	11:03:47.04	3:04:54	27
3218	10669	ELZKE	DE GOEDE	35W	7:58:53	11:05:14.81	3:06:22	28
3220	10671	CENE	VAN DER MERWE	35W	7:58:53	11:10:54.15	3:12:01	29
3222	10673	MARCELLE	VAN DER WALT	35W	7:58:53	11:35:24.06	3:36:31	30
3215	10666	INGRID	SCHOLTZ	35W	7:58:53	12:01:17.20	4:02:24	31

3214	10665	SILKE	PENNEFATHER	35W	7:58:53	12:01:20.09	4:02:27	32
3213	10664	ANGELIQUE	PEAKE	35W	7:58:53	12:02:21.05	4:03:28	33
942	3655	JESSICA	VOSLOO	35W	7:58:53	12:02:23.18	4:03:30	34
3205	10656	MARI	KOCH	35W	7:58:53	12:08:51.47	4:09:58	35
3226	10677	SONJA	LAMPRECHT	35W	7:58:53	12:19:20.71	4:20:28	36
3225	10676	ELZANNE	VAN WYK	35W	7:58:53	12:31:01.10	4:32:08	37
3195	10646	YOLANDE	DE BEER	35W	7:58:53	12:31:01.14	4:32:08	38
3193	10644	MARGARET	CAFFREY	35W	7:58:53	12:53:53.16	4:55:00	39
3211	10662	ANNY	MOULTON	35W	7:58:53	12:31:40.74	DNF	DNF
3246	10697	LERIKE	BURGER	35W	7:58:53	#N/A	DNF	DNF

### UNDER 19 MEN 15KM

1619	11916	MILANO	JARMANN	15U19M	8:05:23	08:41:11.00	0:35:48	1
1620	11917	DENZEL	AMUNJERA	15U19M	8:05:23	08:41:28.34	0:36:05	2
1505	11801	FARIET	CORNELISSEN	15U19M	8:05:23	08:43:23.96	0:38:01	3
1637	11934	JUSTIN	VOSLOO	15U19M	8:05:23	08:47:57.64	0:42:35	4
1512	11808	ROBERT	JAKOB	15U19M	8:05:23	08:49:10.75	0:43:48	5
1540	11836	NICOLAS	LE ROUX	15U19M	8:05:23	08:49:28.02	0:44:05	6
1520	11816	COBUS	LOWE	15U19M	8:05:23	08:50:34.22	0:45:11	7
1517	11813	HENDRIK	LOFTIE-EATON	15U19M	8:05:23	08:51:18.85	0:45:56	8
1522	11818	RETO	SELL	15U19M	8:05:23	08:51:40.70	0:46:18	9
1514	11810	BERGRAN	JENSEN	15U19M	8:05:23	08:51:44.40	0:46:21	10
1615	11912	DIAAN	VERMEULEN	15U19M	8:05:23	08:51:59.58	0:46:37	11
1515	11811	RALF	KLEIN	15U19M	8:05:23	08:52:43.34	0:47:20	12
1516	11812	WILLIE	LOFTIE-EATON	15U19M	8:05:23	08:53:00.55	0:47:38	13
1518	11814	KEVIN	LOWE	15U19M	8:05:23	08:54:04.05	0:48:41	14
1526	11822	RICO	STEINFURTH	15U19M	8:05:23	08:55:01.57	0:49:39	15
1519	11815	ERNST	LOWE	15U19M	8:05:23	08:55:01.72	0:49:39	16
1502	11798	ANDRE	BARNARD	15U19M	8:05:23	08:55:08.70	0:49:46	17
1513	11809	MICKAH	JANUARIE	15U19M	8:05:23	08:55:32.72	0:50:10	18
1617	11914	RODNEY	SOWDEN	15U19M	8:05:23	08:55:59.23	0:50:36	19
1510	11806	TRISTAN	FALLIS	15U19M	8:05:23	08:56:04.23	0:50:41	20
1524	11820	CAEL	SMITH	15U19M	8:05:23	08:58:22.10	0:52:59	21
1525	11821	LUKAI	SOLTAU	15U19M	8:05:23	08:59:44.93	0:54:22	22
1616	11913	LIAM	JVAN RENSBURG	15U19M	8:05:23	09:01:17.11	0:55:54	23
1621	11918	NICANOR	ANKONGA	15U19M	8:05:23	09:02:11.32	0:56:48	24
1509	11805	ISAAC	FALLIS	15U19M	8:05:23	09:03:44.60	0:58:22	25
1501	11797	OLIVER	BAAS	15U19M	8:05:23	09:04:11.47	0:58:48	26
1639	11935	HUGO	HAHN	15U19M	8:05:23	09:06:06.91	1:00:44	27
1638	11890	DANIEL	HAHN	15U19M	8:05:23	09:06:07.23	1:00:44	28
1508	11804	CHRISTIAN	DU RAAN	15U19M	8:05:23	09:07:48.72	1:02:26	29
1529	11825	THEUNS	VD WESTHUIZEN	15U19M	8:05:23	09:07:48.86	1:02:26	30
1618	11915	CLIVE	TJIKOTOKE	15U19M	8:05:23	09:10:04.22	1:04:41	31
1504	11800	ANDRIKO	BOHRINGER	15U19M	8:05:23	09:15:16.87	1:09:54	32
1507	11803	JULIAN	DREWS	15U19M	8:05:23	09:15:16.87	1:09:54	33
1511	11807	CHRISTIAN	HENNES	15U19M	8:05:23	09:22:23.82	1:17:01	34
1521	11817	MARCUS	OLIVIER	15U19M	8:05:23	09:23:08.68	1:17:46	35
1506	11802	BENJAMIN	COURY	15U19M	8:05:23	09:29:34.87	1:24:12	36
1523	11819	CHRISTOF	SERRER	15U19M	8:05:23	11:22:35.72	3:17:13	37
1503	11799	PD	BLIGNAUT	15U19M	8:05:23	#N/A	DNF	DNF
1530	11826	IWAN	VAN NIEKERK	15U19M	8:05:23	#N/A	DNF	DNF
1528	11824	ROHANN	STRAUSS	15U19M	8:05:23	#N/A	DNF	DNF

### MEN 19 PLUS 15KM

1622	11919	HEIKO	VON LUDWIGER	15M	8:05:23	08:43:48.47	0:38:25	1
1562	11858	ANTON	NEL	15M	8:05:23	08:46:45.24	0:41:22	2
1549	11845	LOURENS	HOUGH	15M	8:05:23	08:47:03.62	0:41:41	3



1543	11839	RUHAN	GOUS	15M	8:05:23	08:47:23.14	0:42:00	4
1565	11861	STEFAN	PIENAAR	15M	8:05:23	08:48:09.03	0:42:46	5
1559	11855	JOHAN	LEPEN	15M	8:05:23	08:48:40.79	0:43:18	6
1626	11923	JOHAN	VAN ZYL	15M	8:05:23	08:49:15.22	0:43:52	7
1577	11873	DEWALD	VAN HELSDINGEN	15M	8:05:23	08:49:39.39	0:44:16	8
1548	11844	WOUTER	HOUGH	15M	8:05:23	08:49:41.32	0:44:18	9
1634	11931	JOHAN	VOSLOO	15M	8:05:23	08:49:46.66	0:44:24	10
1541	11837	LOUIS	DU TOIT	15M	8:05:23	08:51:09.73	0:45:47	11
1536	11832	WILLEM	BURGER	15M	8:05:23	08:51:23.32	0:46:00	12
1558	11854	PIERRE	LAMBERT	15M	8:05:23	08:51:32.34	0:46:09	13
1623	11920	RIAAN	VERMEULEN	15M	8:05:23	08:51:56.85	0:46:34	14
1574	11870	BERNARD	VAN BILJON	15M	8:05:23	08:52:26.75	0:47:04	15
1627	11924	UDO	VON SCHAUROTH	15M	8:05:23	08:52:56.10	0:47:33	16
1561	11857	LEON	LUBBE	15M	8:05:23	08:54:13.65	0:48:51	17
1581	11877	CORNE	WYNJETERP	15M	8:05:23	08:54:51.25	0:49:28	18
1551	11847	PHILIP	ISHEKWA	15M	8:05:23	08:55:16.92	0:49:54	19
1568	11864	HENK M	SCHLECHTER	15M	8:05:23	08:55:39.69	0:50:17	20
1560	11856	MORNE	LOUWRENS	15M	8:05:23	08:57:38.11	0:52:15	21
1533	11829	NARREN	BOER	15M	8:05:23	08:57:40.85	0:52:18	22
1556	11852	HARM	KOLVER	15M	8:05:23	08:58:23.43	0:53:00	23
1539	11835	HANJORG	DREWS	15M	8:05:23	08:59:47.31	0:54:24	24
1567	11863	WOLFGANG	RAITH	15M	8:05:23	09:03:03.75	0:57:41	25
1531	11827	MICHAEL	BAAS	15M	8:05:23	09:03:40.77	0:58:18	26
1554	11850	ROD	KAMBAENDAY	15M	8:05:23	09:04:13.07	0:58:50	27
1547	11843	THROSTEN	HORN	15M	8:05:23	09:04:26.90	0:59:04	28
1630	11927	MARNUS	HUGO	15M	8:05:23	09:04:31.38	0:59:08	29
1555	11851	ANDREAS	KIRSTEN	15M	8:05:23	09:04:43.78	0:59:21	30
1575	11871	CHRIS	VAN GREUNEN	15M	8:05:23	09:05:00.30	0:59:37	31
1576	11872	BRAAM	VAN GREUNEN	15M	8:05:23	09:05:06.98	0:59:44	32
1544	11840	HANNES	GROENEWALD	15M	8:05:23	09:05:41.91	1:00:19	33
1557	11853	JACQUES	KRITZINGER	15M	8:05:23	09:05:59.83	1:00:37	34
1563	11859	HUGO	NELL	15M	8:05:23	09:07:27.41	1:02:04	35
1550	11846	EBBEN-EZER	IITA	15M	8:05:23	09:08:24.84	1:03:02	36
1572	11868	ARTHUR	THOMPSON	15M	8:05:23	09:08:25.81	1:03:03	37
1571	11867	JACOBUS	THERON	15M	8:05:23	09:11:58.36	1:06:35	38
1625	11922	GUNTER	KLEIN	15M	8:05:23	09:15:12.32	1:09:49	39
1570	11866	COLIN	STEYTLER	15M	8:05:23	09:15:55.48	1:10:32	40
1569	11865	GERRIT J	SCHRADER	15M	8:05:23	09:15:55.67	1:10:33	41
1624	11921	GERT	DU PREEZ	15M	8:05:23	09:15:56.77	1:10:34	42
1633	11930	DEODATO	MBERIRA	15M	8:05:23	09:20:02.62	1:14:40	43
1631	11928	ORG	VAN RENSBURG	15M	8:05:23	09:20:34.66	1:15:12	44
1538	11834	DUANE	DOWIE	15M	8:05:23	09:21:53.55	1:16:31	45
1546	11842	MICHAEL	HENNES	15M	8:05:23	09:22:23.59	1:17:01	46
1579	11875	JAN	VENTER	15M	8:05:23	09:22:42.02	1:17:19	47
1542	11838	MICHAEL	FELDMANN	15M	8:05:23	09:24:43.12	1:19:20	48
1564	11860	EDDIE	OLIVIER	15M	8:05:23	09:25:03.27	1:19:40	49
1629	11926	GIELJAM	BERNARDO	15M	8:05:23	09:26:52.04	1:21:29	50
1534	11830	MARIO	BRANDT	15M	8:05:23	09:36:18.05	1:30:55	51
1578	11874	ARMAND	VAN NIEKERK	15M	8:05:23	09:36:49.46	1:31:26	52
1628	11925	DINARTE	LOURENS	15M	8:05:23	09:37:52.31	1:32:29	53
1632	11929	HIMEEZEMBI	KAMBURONA	15M	8:05:23	09:47:03.22	1:41:40	54
1580	11876	JACO	VON WEIDTZ	15M	8:05:23	#N/A	DNF	DNF

### WOMEN UNDER 19 15KM

1609	11906	CINDY	ROWLAND	15U19W	8:05:23	09:00:30.62	0:55:08	1
1640	11936	GLENDA	J VAN RENSBURG	15U19W	8:05:23	09:04:54.43	0:59:31	2
1641	11937	CECILE	VOIGTS	15U19W	8:05:23	09:22:54.97	1:17:32	3

1582	11878	MARLYNNE	BRANDT	15U19W	8:05:23	09:36:11.43	1:30:48	4
<b>WOMEN 19 PLUS 15KM</b>								
1604	11901	ILSE	LOUWRENS	15W	8:05:23	08:57:38.19	0:52:15	1
1587	11883	MARYNA	BLIGNAUT	15W	8:05:23	08:58:22.86	0:53:00	2
1588	11884	ALMUT	BOYE	15W	8:05:23	08:59:55.02	0:54:32	3
1584	11880	ANJA	BASSON	15W	8:05:23	09:04:38.55	0:59:16	4
1545	11841	SULEIKA	HEIGAN	15W	8:05:23	09:04:54.63	0:59:32	5
1585	11881	TANJA	BASSON	15W	8:05:23	09:05:29.41	1:00:06	6
1608	11905	RENATE	PENZHORN	15W	8:05:23	09:06:02.28	1:00:39	7
1607	11904	ELMIEN	O'KENNEDY	15W	8:05:23	09:12:48.75	1:07:26	8
1583	11879	MELANIE	ALLEN	15W	8:05:23	09:15:29.00	1:10:06	9
1597	11894	CHRISTA	DU TOIT	15W	8:05:23	09:18:17.92	1:12:55	10
1600	11897	BEANIE	HOFFMAN	15W	8:05:23	09:18:54.41	1:13:31	11
1643	11939	JACKIE	VAN RENSBURG	15W	8:05:23	09:20:34.28	1:15:11	12
1552	11848	HESTE	J VAN RENSBURG	15W	8:05:23	09:21:52.97	1:16:30	13
1603	11900	ELMIEN	KOCH	15W	8:05:23	09:22:41.91	1:17:19	14
1602	11899	HELEN	JESKE	15W	8:05:23	09:24:42.76	1:19:20	15
1612	11909	KAREN-ANN	STEYN	15W	8:05:23	09:26:53.65	1:21:31	16
1611	11908	HANDRIE	STEENKAMP	15W	8:05:23	09:29:41.95	1:24:19	17
1614	11911	CHARLOTTE	VELDSMAN	15W	8:05:23	09:32:18.94	1:26:56	18
1606	11903	ALEXANDRA	MARKO	15W	8:05:23	09:32:19.02	1:26:56	19
1610	11907	MINTY	SONI	15W	8:05:23	09:32:21.83	1:26:59	20
1586	11882	OLGA	BISSCHOFF	15W	8:05:23	09:35:28.38	1:30:05	21
1589	11885	NANCY	BRANDT	15W	8:05:23	09:36:18.09	1:30:55	22
1591	11887	ELNA	BRINK	15W	8:05:23	09:41:51.59	1:36:29	23
1599	11896	NATACHA	GREYLING	15W	8:05:23	09:47:12.40	1:41:49	24
1595	11892	ELOISE	CARSTENS	15W	8:05:23	11:10:52.91	3:05:30	25
1594	11891	JACKIE	BURTON	15W	8:05:23	#N/A	DNF	DNF
1596	11893	CHRISTINE	CARSTENS	15W	8:05:23	#N/A	DNF	DNF
1613	11910	TANIA	VAN NIEKERK	15W	8:05:23	#N/A	DNF	DNF



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