



Spitzkoppe The Rock 2014

RESULTS

Cycle 68 km

Male

Place	Name	Time	Place c'td	Name	Time
1	Herbert Peters	02:23:53	57	johan visser	03:16:03
2	Andreas Ewald	02:26:19	58	Andrew Le Cordeur	03:16:14
3	Hans Du Toit	02:27:35	59	Francois Theron	03:16:26
4	Johan Vorster	02:29:07	60	Peter Sander	03:17:05
5	Sarel Spies	02:30:02	61	Riaan van Niekerk	03:17:34
6	Gerhard Liebenberg	02:31:59	62	Louwrens Hough	03:18:03
7	Stefan van Doorn	02:33:08	63	Fana Lambert	03:18:14
8	Jaco Hanekom	02:36:35	64	Marthinus Jacobus (Marius	03:18:18
9	Gielie van Wyk	02:37:29	65	Stephan Gevers	03:18:21
10	Dirk Grobler	02:39:38	66	Hannes Aucamp	03:20:39
11	Pierre van Rensburg	02:39:43	67	Hennie Horn	03:25:01
12	MARTIN SHEYA	02:40:37	68	Karel S theron	03:25:18
13	Hilko Marschall	02:40:40	69	Andrew Corbett	03:25:33
14	Abrie van Wyk	02:40:44	70	Deon Steenkamp	03:25:43
15	Tim Wucher	02:40:47	71	Erik Kolb	03:27:09
16	Norbert Meyer	02:40:53	72	Rudi Pieters	03:28:31
17	Karl Grunschloss	02:41:47	73	PHILLIP BARNARD	03:33:01
18	Antonie Van Wyk	02:42:48	74	Fanus Jordaan	03:33:11
19	Tobie Gerber	02:42:51	75	Shaun Louw	03:39:44
20	Theo Hoeksema	02:43:29	76	Roger Fussell	03:50:26
21	Jacques Van Zyl	02:43:32	77	Charles Mcnab	03:50:37
22	Philip Steyn	02:44:07	78	Conroy Mouton	03:50:39
23	Jan Nel	02:46:36	79	Mario Katzur	04:06:54
24	Francois van Rensburg	02:46:42	80	Jonathan UK	04:06:56
25	Greg Chase	02:48:04	81	Wessel Pretorius	04:10:53
26	Martin Compion	02:48:51	82	Thomas Kittel	04:12:06
27	Leon Smit	02:49:23		Gordon Gadney	DNF
28	Paulus Hiptwaka	02:49:38		Thinus Loftie-Eaton	DNF
29	Abrie Swanepoel	02:49:57		Graham Bell	DNF
30	Sven Patzner	02:50:10		Klaus Papendieck	DNF
31	Henco Blaauw	02:50:13		Frikkie Van Greunen	DNF
32	Arno Kok	02:52:32		Christiaan Bean	DNS
33	Roderique Freyer	02:52:35		Gustav Bertelsmann	DNS
34	Morne Honiball	02:53:24		DANNY BEUKES	DNS
35	Robert Schaaf	02:53:43		Stephen Chamberlain	DNS
36	Michael Sickel	02:54:59		Francois Dames	DNS
37	Hugo van Niekerk	02:57:31		Daniel du Toit	DNS
38	Lutz Zimmer	02:59:44		Klaus Frielingsdorf	DNS
39	Leander Borg	03:01:11		Thorsten Horenburg	DNS
40	Torsten Herrmann	03:01:13		Israel Josua	DNS
41	Mannie Heymans	03:01:33		Wouter Jacques Joubert	DNS
42	Isaak Hipitwako	03:02:38		Alfons Kiesewetter	DNS
43	Christo le Roux	03:02:40		Jaco Meyer	DNS
44	Peter Pahl	03:03:04		Steven Paschke	DNS
45	Piet Roux	03:03:35		Willem Steenkamp	DNS
46	Koot van der Merwe	03:05:39		Sven Tegethoff	DNS
47	Corne Eigelaar	03:05:47		Johannes Uheka	DNS
48	Eugene Spangenberg	03:06:36		Petrus Uheka	DNS
49	Rainer Becker	03:06:47		WD van Dyk	DNS
50	Thomas Seifart	03:08:42		Willie Mac Van Zyl	DNS
51	Gero Kopp	03:08:58		Frank Wilhelm	DNS
52	Erik van Es	03:09:00		Heino Windisch	DNS
53	Hannes de Haast	03:13:10		Kobus Kruger	DNS
54	George Diener	03:15:51		Stefan Bohlke	DNS
55	Hennie van Wyk	03:15:57		Wicus Van zyl	DNS
56	Martin Havenga	03:16:01			



Spitzkoppe The Rock 2014

RESULTS

Cycle 68 km

Female

Place	Name	Time	Place c'td	Name	Time
1	Michelle Vorster	02:29:58	7	Hilde Goebel	03:41:46
2	Irene Steyn	02:34:08	8	Lara Winterbach	03:42:41
3	Antje Tietz	03:00:37	9	Desiree Erwig	03:44:04
4	Petra Compion	03:07:34	10	Natalie Visagie	03:53:54
5	Rina Lambert	03:18:16		Silke Bean	DNS
6	Odette van der Merwe	03:41:00		Wilmien Chamberlain	DNS

Fun - Unicycle 21.1 km

Place	Name	Time
1	Jens Heiser	02:10:27



Spitzkoppe The Rock 2014

RESULTS

Cycle 33 km

Male

Place	Name	Time	Place c'td	Name	Time
1	Luke Munting	01:20:38	56	Brian Roberts	01:56:46
2	Samuel Gowaseb	01:23:10	57	Bertie Maritz	01:57:20
3	Charl Du Plooy	01:23:41	58	Gerhard Du Plessis	01:59:22
4	Sakkie Schreuder	01:24:06	59	Henk Ludik	01:59:35
5	Christof Van Niekerk	01:28:13	60	Stoan Horn	02:00:22
6	Paulus SHEYA	01:28:17	61	Herman Scholtz	02:01:01
7	Johannes Uirab	01:29:42	62	Morne Karg	02:01:43
8	Richard Tietz	01:30:03	63	Johan Van Niekerk	02:01:52
9	Philip Bartholomae	01:30:52	64	hennie van niekerk	02:01:57
10	Peter Herle	01:31:53	65	Gunnar Eric Otto	02:02:03
11	George Hamu	01:32:24	66	Jacques Malan	02:02:11
12	Gernot Heger	01:32:37	67	Nico Heunis	02:02:46
13	Mark Rechholtz	01:32:41	68	Jacques Potgieter	02:06:32
14	Ian Brown	01:33:18	69	De Villiers Nel	02:07:39
15	Richardt Swartbooi	01:33:48	70	Ien jubber	02:09:53
16	Gerhard Breed	01:34:13	71	Dries Strydom	02:10:32
17	Quinton Liebenberg	01:34:29	72	Scharl Moller	02:11:28
18	Luke Brinkmann	01:34:33	73	Corny Stam	02:12:41
19	Yoshua Becker	01:35:24	74	Raymo Ngundja	02:13:13
20	Armin Schommarz	01:36:13	75	ERICH RUST	02:13:38
21	Bastian Huster	01:36:23	76	Penda Amadhila	02:13:43
22	fanus Bredenhann	01:36:25	77	Wilke Van Greunen	02:18:05
23	Werner Ewald	01:36:48	78	Gawie Vermeulen	02:24:17
24	Guiscard Beckmann	01:37:03	79	Hein Louw	02:25:16
25	Japie Botes	01:42:03	80	Andre Kuschke	02:26:18
26	Hayden Kidd	01:42:24	81	Jak Prinsloo	02:26:35
27	Mike Gibson	01:42:50	82	Mario Mouton	02:28:42
28	Pine Van Wyk	01:42:56	83	Christopher Clarke	02:31:49
29	Jasper Schrader	01:43:46	84	Japie van Zyl	02:31:51
30	John Weber	01:44:30	85	RAYMOND JEAREY	02:33:33
31	Joachim Morawetz	01:44:41	86	Ralf Duvel	02:33:38
32	Wim Boshoff	01:44:59	87	Etienne le Roux	02:33:42
33	guenther toll	01:45:03	88	Danie Mostert	02:44:36
34	konrad becker	01:45:16	89	Robert Van Rooijen	02:44:38
35	William Camm	01:45:19	90	Holger Hellwig	02:56:32
36	Louis van den Berg	01:47:53	91	Kobus Wilders	03:04:27
37	Eugene James Louw	01:48:45	92	Apie Small	03:14:57
38	Stephen Miller	01:49:23	93	Danie Small	03:14:59
39	Werner Cloete	01:49:46	94	WARREN BOER	03:38:11
40	Goetz Neef	01:50:07		Pieter Jansen van Vuuren	DNF
41	Barren van Es	01:50:36		Armand Hagen	DNF
42	Wikus Oberholster	01:51:13		Johan Potgieter	DNF
43	Tommie Gouws	01:52:18		Francois Van der Merwe	DNF
44	Wouter du Preez	01:52:21		Konrad Knouwds	DNF
45	Pieter Van der Merwe	01:52:30		JP Smith	DNF
46	Johann Malan	01:53:13		Denzel Amunjero	DNS
47	Werner Petrick	01:53:43		Nikanor Ankonga	DNS
48	Tobie Louw	01:53:45		Leon Brugman	DNS
49	Arnold Bittner	01:53:47		Chriis Claassen	DNS
50	Janco Du Plooy	01:55:09		Louis Coetzee	DNS
51	Erich Wittmann	01:55:12		carel de jager	DNS
52	Riaan Alberts	01:55:40		Divan Du Plooy	DNS
53	John Adonis	01:55:44		Milano Hermann	DNS
54	Thomas Soutschka	01:56:14		Willie Humphries	DNS
55	Adriaan Botha	01:56:39		Francois Kros	DNS



Spitzkoppe The Rock 2014

RESULTS

Cycle 33 km

Male

Place	Name	Time	Place c'td	Name	Time
	Petrus Mawano	DNS		Robert Steinmetz	DNS
	Marius Nasilowski	DNS		Johan Swanepoel	DNS
	Deon Prinsloo	DNS		Ulf Meier	DNS
	Herman Reinders	DNS		Rohan Nothnagel	DNS
	DIOS SKRYWER	DNS		Paulus Sheya	DNS
	Rodrieck Snyders	DNS			

Cycle 33 km

Female

Place	Name	Time	Place c'td	Name	Time
1	Lonél Smith	01:33:24		Bianca van der Westhuizen	DNS
2	Karin Brockmann	01:39:36		Marcelle Van Rensburg	DNS
3	Gudrun Marschall	01:41:53		Ronel Van Vuuren	DNS
4	Ester Toua	01:45:21		Susanne Borg	DNS
5	Ezanne van den Berg	01:47:50			
6	Hannely Aucamp	01:48:39			
7	Marisa Gibson	01:53:00			
8	Melinda Reinders	01:53:50			
9	Heide Hobohm	01:55:35			
10	Luanne van der Schyff	01:55:37			
11	Charmaine Grobler	02:01:10			
12	Gesa Kock	02:02:00			
13	Gundula Perry	02:02:43			
14	Christine Prinsloo	02:04:25			
15	Berndine Coetzee	02:07:41			
16	Monya Louw	02:09:31			
17	Anel Becker	02:09:42			
18	ILANDA BOTHA	02:10:08			
19	Jana De Wet	02:15:33			
20	Danica Cronje	02:20:09			
21	Nicoline van Zyl	02:20:12			
22	Marguerite Van Niekerk	02:20:57			
23	Janine Morkel	02:21:00			
24	Ingrid Scholtz	02:25:18			
25	Susan Pieters	02:25:20			
26	Elfriede Teske	02:31:17			
27	Kerstin Klein	02:34:50			
28	Kaelen Spangenberg	02:45:06			
29	Celine van Es	02:45:51			
30	RONEL WELTHAGEN	03:00:23			
31	Elizabeth Geldenhuys	03:07:02			
32	Juliana van Es	03:58:40			
33	Magda Loftie-Eaton	03:58:51			
	Lelanie van der Walt	DNF			
	Karin Van der Merwe	DNF			
	Naike Burger	DNS			
	Jana De Wet	DNS			
	Benita Kasch	DNS			
	Doreen Koen	DNS			
	Selma Mawano	DNS			
	MJ Myburgh	DNS			
	Hannelie Prinsloo	DNS			
	Lindi Roux	DNS			
	Sofia Simon	DNS			



Spitzkoppe The Rock 2014

RESULTS

Run 21.1 km

Female

Place	Name	Time	Place c'td	Name	Time
1	Rykie Jonck	01:39:23		Alexandra Peard	DNS
2	Sonja Oates	01:51:32		Loretta Power	DNS
3	Nicky Witte	01:57:32		Allison Thomas	DNS
4	Birte Fahrbach	01:57:34		Mamijoo Tjejamba	DNS
5	Elze Eigelaar	02:00:38			
6	Roelene Schaaf	02:00:41			
7	Nicola Theron	02:02:02			
8	Bertha Theron	02:03:10			
9	alta du plessis	02:03:13			
10	alice jarvis	02:04:40			
11	Dunja Pritzen	02:04:42			
12	Juliana Blaauw	02:07:29			
13	Elisabetta Gropelli	02:08:08			
14	Marelise Calitz	02:08:24			
15	Janie Brits	02:08:28			
16	Kirsty Brits	02:10:12			
17	Sheenagh Brinkmann	02:10:14			
18	Leanie de Hilster	02:11:07			
19	Silke Pritzen	02:11:09			
20	Marinda Kemp	02:13:38			
21	Riana Scholtz	02:13:40			
22	Marguerite Verwey	02:14:02			
23	Hannelie Botha	02:15:28			
24	Christine Haupt	02:17:01			
25	Ursula Gollwitzer	02:18:58			
26	Odette Grant	02:20:04			
27	Michelle Wilson	02:20:22			
28	Marijke Borgmann	02:22:25			
29	Carolina Medeiros	02:25:28			
30	Svetlana Bauer	02:25:53			
31	Adams Redelinghuys Dawn	02:25:56			
32	Karen Gevers	02:26:03			
33	Hazel Milne	02:27:00			
34	Patricia Hoeksema	02:27:30			
35	Undjee Tjivikua	02:32:22			
36	Carene Malan	02:33:47			
37	Tuhupa Zatjirua	02:38:55			
38	Bettie Du Plessis	02:42:34			
39	Conni Hebestedt	02:42:41			
40	Desiré Tuit	02:43:29			
41	Maryke Bisschoff	02:43:54			
42	essie herbst	02:46:25			
43	Shandri Viljoen	02:47:22			
44	Marijke Egerer	02:48:02			
45	Yvette Kinnaird	02:51:48			
46	Anja Louw	02:51:54			
47	Allison Fourie	02:52:00			
48	Salmi Neshila	02:56:41			
49	Millie Kriel	03:03:46			
50	Victoria !Naruses	03:09:17			
	Shaty Petros	DNF			
	ottillie kaunapawa Aimwata	DNS			
	Averyl Buckley	DNS			
	Karlien Diener	DNS			
	Royal Mabakeng	DNS			



Spitzkoppe The Rock 2014

RESULTS

Run 21.1 km

Male

Place	Name	Time	Place c'td	Name	Time
1	Erich Goeieman	01:18:57		JG van Graan	DNS
2	Wim Steenkamp	01:35:43		Attie Weyers	DNS
3	Hentie Hough	01:39:18			
4	Paul Brinkmann	01:41:41			
5	Jorrie Jordaan	01:43:02			
6	Johan Bronkhorst	01:44:59			
7	Patric Arn	01:45:04			
8	Ryan Geysler	01:45:40			
9	Willem Steenkamp	01:49:14			
10	Gareth Wood	01:50:03			
11	Phillip van Schalkwyk	01:50:22			
12	Meiring Kunz	01:50:27			
13	Werner Bachmann	01:51:01			
14	Oliver Rohrmueller	01:52:11			
15	Bogislav Wilckens	01:54:02			
16	Christian Knobloch	01:54:19			
17	Danie Joubert	01:57:24			
18	Samuel jarvis	01:57:29			
19	Pieter Visser	01:59:17			
20	Jaco (Pewer) Fourie	01:59:55			
21	Ulf Diemer	02:00:42			
22	Tony Robertson	02:02:08			
23	Thorsten Horn	02:02:53			
24	Hardus Burger	02:03:45			
25	Sias Suurd	02:07:07			
26	Rupert Smith	02:07:32			
27	Harald Preschel	02:07:35			
28	Marius Verwey	02:09:44			
29	Richard Jansen	02:12:00			
30	Hugo van den Heever	02:12:18			
31	Abrie Du Plooy	02:14:46			
32	Norbert Fleidl	02:15:14			
33	Gert Du Preez	02:16:18			
34	Alwyn Maass	02:17:04			
35	Hermann volkmann	02:17:26			
36	Gareth Amos	02:18:55			
37	Arno Louw	02:19:19			
38	Pieter Greeff	02:20:20			
39	Simon Shivute	02:24:36			
40	Epson !Naruseb	02:24:39			
41	Dusty Saunders	02:27:33			
42	Fransisco Neshila	02:31:53			
43	Ujandja Zatzirua	02:37:01			
44	Vaja Zatzirua	02:37:07			
45	Jan van Niekerk	02:41:13			
46	Joel Nambahu	02:43:32			
47	Oliver Greeff	02:46:52			
48	Mike du Toit	02:50:30			
49	Alec Bishi	02:56:38			
50	Conrad Myburgh	03:09:44			
	Samuel Fernández Diekert	DNS			
	Fillemon Kiimba	DNS			
	Danie Koen	DNS			
	Stephan Myburgh	DNS			
	Rory Power	DNS			
	Gerhard Snyders	DNS			



Spitzkoppe The Rock 2014

RESULTS

Run / Walk 9 km

Female

Place	Name	Time	Place c'td	Name	Time
1	Nora Poel	00:46:38	57	Renate Roberts	01:20:56
2	Claudia Otto	00:49:58	58	Maronel Van den Berg	01:24:19
3	Barbara Ackermann	00:51:25	59	Anja Weilbaecher	01:26:10
4	Zanti hansen	00:52:39	60	Yvonne Edwards	01:26:58
5	Charmaine Kauejao	00:54:28	61	Roelien Hough	01:28:15
6	Christie Van Zyl	00:55:14	62	Madelein Hough	01:29:30
7	Lelani Swart	00:55:17	63	Beverley Hoxobes	01:29:45
8	Denize Nasilowski	00:55:34	64	Isabel Bishi	01:30:15
9	Sasha Jarvis	00:55:38	65	Manini Kandume	01:30:17
10	Helene Barnard	00:55:41	66	Becca Dax	01:30:20
11	Rozanne Rousseau	00:55:49	67	Christa Du Toit	01:30:34
12	Lindy van den Bosch	00:56:21	68	Maïke Prickett	01:32:49
13	Meke Uushona	00:57:03	69	Sonja van Wyngaard	01:32:52
14	Nina Louw	00:57:25	70	Liesl Liebenberg	01:37:21
15	Ivette Du Plessis	00:59:58	71	Luzette Humphries	01:38:03
16	Gabrielle Cloete	01:01:10	72	Angelique Botha	01:40:11
17	Lena Brinkmann	01:01:27	73	Shammah Phiri	01:41:27
18	Galina Alova	01:01:49	74	Kondjeni Nkandi	01:42:32
19	Arline Rousseau	01:02:16	75	Chantelle Pearson	01:43:32
20	Verena Matthies	01:02:46	76	Louise Du Plooy	01:44:11
21	Averyl Buckley	01:02:49	77	Nadene Zaal	01:46:35
22	Alet Schrader	01:02:55	78	Anja Volkmann	01:59:32
23	Christine Baas	01:03:20	79	Gabi Gellert	01:59:34
24	Helena Matengu	01:04:01	80	Vistorine Kanally Nambahu	02:09:07
25	Caino Mattheus	01:04:09	81	Ray Sasman	02:15:16
26	Sanet van Zyl	01:04:13	82	Fon Arnold	02:15:36
27	Eva Eichhorn	01:04:31		Lynette Aucamp	DNF
28	Marcelle van der Walt	01:04:53		Ilze Bezuidenhout	DNF
29	Gaby Raith	01:05:42		Maggie Barnard	DNS
30	Heidrun Preschel	01:05:44		Shelley Bosch	DNS
31	Yvette Greeff	01:06:11		Leejuan Brews	DNS
32	Kirsten Wucher	01:06:14		Knouwds Cassandra	DNS
33	Lizl Geyser	01:08:00		jessie champion	DNS
34	Barbara Kittel	01:08:08		Alicia Du Plessis	DNS
35	lindsay buitendag	01:09:12		Jessica Du Plessis	DNS
36	Sandra Bahr	01:09:34		Marissa Fokkens	DNS
37	Ariane Dressel	01:10:27		Paulina Iiyambo	DNS
38	Annelie Rousseau	01:10:32		Comfort Kasheeta	DNS
39	Apiyo Oyula	01:11:10		Lize Kidd	DNS
40	Marietjie De Chavonnes Vrugt	01:11:39		Belinda Knouwds	DNS
41	Ciske Smith	01:12:52		Karen Kunz	DNS
42	Janine Heigan-Hearne	01:13:09		Sine Mueffelmann	DNS
43	Andri Marais	01:13:16		Anke Spies	DNS
44	BERNE SMITH	01:13:20		Juandri Steytler	DNS
45	Leonie du Toit	01:14:17		Claire Whipp	DNS
46	Libania Henckert	01:14:38		Tuhupa Zatzirua	DNS
47	Liezl Davies	01:14:42		Lara Diez	DNS
48	Hilke Kruger	01:14:43		Magdalena Fourie	DNS
49	Elzaan Nel	01:15:11		Marthie Hugo	DNS
50	Celeste Viljoen	01:16:11		Carin Victor	DNS
51	Luka Spies	01:16:41		Ulla Burd	DNS
52	Madeleine Spies	01:16:44		Nadien Muller	DNS
53	Mirja Sasse	01:17:58		HeeDee Mbako	DNS
54	Sara Nambahu	01:19:32		Sikiza Namuhuga	DNS
55	Elmarie van Rensburg	01:19:57			
56	charne fourie	01:20:23			



Spitzkoppe The Rock 2014

RESULTS

Run / Walk 9 km

Male

Place	Name	Time	Place c'td	Name	Time
1	Albertinus Goeieman	00:33:06		Talita Mac Gillicuddy	DNS
2	Ananias Simon	00:33:39		Sylvanes nakathingo	DNS
3	Nico Marais	00:45:40		Dietmar Otto	DNS
4	Leon Kohne	00:46:09		Angelo PELSER	DNS
5	Last Nyakocha	00:46:14		Paul Rhode	DNS
6	Jonathan Weber	00:46:46		Ralph Schonmetzler	DNS
7	Chesne Pierre	00:46:55		michael shituleipo	DNS
8	Morne Louw	00:48:42		Riegardt Smit	DNS
9	Marius Kruger	00:49:59		Colin Steytler	DNS
10	Jean Basson	00:50:32		Cobus Swart	DNS
11	Eli Jack Eagles	00:50:51		Samuel lileka Uugwanga	DNS
12	Danie Labuschagne	00:52:31		Pieter Viljoen	DNS
13	Rodney Haraeb	00:53:05		Viggo von Scheliha	DNS
14	Jannie Burger	00:54:02		James Maggott	DNS
15	Bastiaan Koster	00:54:26		Carel van Wyk	DNS
16	Werner van Wyngaard	01:00:54		Wallace Bester	DNS
17	Reino Hasheela	01:01:16		Tanigu Gariseb	DNS
18	Nelson likela	01:03:25		Hafeni Mbako	DNS
19	Benson Namypala	01:04:11		Tala Angula	DNS
20	Ishmael Sh	01:04:16		Kele Naikaku	DNS
21	Tendai Chagwiza	01:04:18			
22	Jurgen Senke	01:05:34			
23	Jacques Van Wyk	01:07:46			
24	James Wilson	01:10:25			
25	Bernhard Ochrub	01:10:49			
26	Simon Ganuseb	01:11:42			
27	BESTER FERREIRA	01:13:18			
28	Prosper Lusale	01:13:22			
29	Fridrick Ekandjo	01:14:46			
30	Abiater Shivolo	01:14:49			
31	Johan Cowan	01:15:22			
32	Pieter Viljoen	01:16:09			
33	Javier Kerii	01:16:30			
34	Jaap Blaauw	01:16:37			
35	Yenick Brinkmann	01:17:18			
36	Gerrit Schrader	01:21:20			
37	Sitshengiso Mhlaba	01:22:25			
38	Mervyn Titus	01:23:26			
39	Karl Weilbaecher	01:26:17			
40	Zander Smith	01:29:21			
41	Pieter Dick	01:37:32			
42	Dante Marcus	01:38:05			
43	Ockert Botha	01:40:01			
44	Fabianes Narib	01:54:01			
45	Kobus Nel	01:56:10			
46	Ed Arnold	02:15:36			
47	Paul Coetzee	03:05:53			
48	Mungaraddzi Bishi	03:08:05			
	Benson Namupala	DNF			
	Natanael Nuuyoma	DNF			
	Kian Brinkmann	DNF			
	Abiola Ajayi	DNS			
	Ivan Alvarez Pampin	DNS			
	Munesu Bishi	DNS			
	Gabriel Jose Gonzalez Garcia	DNS			
	Calvin Knouws	DNS			



Spitzkoppe The Rock 2014

RESULTS

Walk 21.1 km

Female

Place	Name	Time	Place c'td	Name	Time
1	Maryna van Rensburg	02:42:19	16	Birgit Ellinger	03:49:58
2	Nicky Paschke	02:51:51	17	Wilma Van Niekerk	03:52:29
3	Marcella Burmeister	02:54:27	18	Betsy Lofty-Eaton	03:52:30
4	Antonette Fourie	02:57:57	19	Claudia Gerbade	03:57:57
5	Susan Kintscher	03:26:04	20	Nina Holtrup	03:57:59
6	Carol Steenkamp	03:33:15	21	Juanita Vermeulen	04:04:39
7	Rianeke Venter	03:33:17	22	Tracey Vermeulen	04:04:40
8	Elke le Roux	03:33:18		Birgit Garny	DNF
9	Annalien Basson	03:33:20		Gudrun Gongoll	DNF
10	Neli Tjahikika	03:39:21		Susan Martens	DNF
11	Julia Wegner	03:41:31		Jolandi Nel	DNS
12	Sharon Kamburona	03:41:37		Silke Reiff	DNS
13	Jeane-Marie Van Heerden	03:45:07		Melissa Shanjengange	DNS
14	Yolande Stander	03:45:22		Benadicta Uris	DNS
15	Julia Holtrup	03:49:54			

Walk 21.1 km

Male

Place	Name	Time	Place c'td	Name	Time
1	Hendrik Fourie	02:54:29	7	Frikkie Vermeulen	03:55:13
2	Gideon Herbert Burmeister	02:54:46	8	Daan van der Merwe	04:08:20
3	Schalk Botha	03:16:24		Fudheni Hishekwa	DNS
4	Graeme Dayson	03:24:18		Nehemiah Kapofi	DNS
5	Raimund Kintscher	03:26:07		Hendrik Vermeulen	DNS
6	Pierre Smit	03:33:13		Mathew Hoeb	DNS

Community - Run 21.1 km

Female

Place	Name	Time
1	Valensia Owasoas	03:01:36
2	Lyida Afrikaner	03:01:48
3	Sheron Naweses	03:02:04
	Liawo Kudumo	DNS
	Ivon Tjiongarero	DNS

Male

Place	Name	Time
1	Marathona Afrikaner	01:35:26
2	John John	01:41:54
3	Rodney Guabeb	01:43:17
4	Otto Nanku	01:44:54
	Desmond Awarab	DNS

Community - Walk 21.1 km

Female

Place	Name	Time
1	Lirien Somses	03:13:10
2	Cecile Garoes	03:33:08
	Thusnelde Nuaseb	DNS

Male

Place	Name	Time
1	Hendrik Kahivesa	02:40:50
2	Beradus Kahivesa	02:41:59
3	Jannie Somseb	02:48:25