

2019 Nedbank Rock & Rut XC4

SURNAME	NAME	NR	TAG	LAPS	START	FIN	TIME	POS
Elite Men: 19-29								
De Lange	Tristan	521	19078	6	11:31:38	12:53:04	1:21:26	1
Papo	Xavier	1	177	6	11:31:38	12:56:15	1:24:37	2
Peters	Herbert	524	19106	6	11:31:38	13:01:35	1:29:57	3
De Klerk	Andre	519	19074	6	11:31:38	13:02:31	1:30:53	4
Pritzen	Kai	511	18953	6	11:31:38	13:06:01	1:34:23	5
Nel	Hardus	501	18942	6	11:31:38	13:09:49	1:38:11	6
Swart	Nicolaas	140	268	6	11:31:38	13:10:57	1:39:20	7
Kohne	Heinrich	143	298	2	11:31:38	12:02:35	0:30:57	DNF
Elite Women: 19-29								
Schonecke	Marion	13	106	4	11:34:58	12:55:26	1:20:28	1
Junior Men: 17-18								
Hahn	Hugo	108	169	6	11:31:38	12:59:52	1:28:15	1
Koen	Dieter	141	58	6	11:31:38	13:07:23	1:35:46	2
Kaita	Simon	180	20766	5	11:31:38	13:16:35	1:44:57	3
Raju	David	178	20765	5	11:31:38	13:19:12	1:47:34	4
Pencoft	Gulubane	179	20767	4	11:31:38	13:01:45	1:30:07	5
Hamuno	Jonas	177	20764	4	11:31:38	13:10:35	1:38:57	6
Nel	Julian	31	20561	2	11:31:38	12:06:22	0:34:44	DNF
Junior Women: 17-18								
Rowland	Cindy	139	61	2	10:11:05	10:59:17	0:48:12	1
Sub-vet Men: 30-39								
Swartz	Christo	128	103	6	11:31:38	12:59:06	1:27:28	1
Steinfurth	Andre	192	20584	6	11:31:38	13:09:49	1:38:11	2
Viljoen	Clayton	85	20589	6	11:31:38	13:12:09	1:40:31	3
Sub-vet Women: 30-39								
Liebenberg	Courtney	97	342	3	10:12:40	11:04:56	0:52:16	1
Fester	Nicola	52	20579	3	10:12:40	11:08:35	0:55:55	2
Veteran Women: 40-49								
Grassow	Elanor	48	20575	3	10:12:40	11:09:23	0:56:43	1
Grossmann	Monika	127	189	3	10:12:40	11:10:38	0:57:59	2
Veteran Men: 40-49								
Heymann	Mannie	181	20768	5	11:34:58	12:52:54	1:17:56	1
Du Toit	Hans	172	20759	5	11:34:58	12:52:57	1:17:59	2
Grassow	Ian	99	174	5	11:34:58	12:57:16	1:22:18	3
Horenburg	Thorsten	87	322	5	11:34:58	13:03:55	1:28:57	4
Borg	Leander	523	19086	5	11:34:58	13:07:52	1:32:54	5
Suren	Marcel	118	71	5	11:34:58	13:13:56	1:38:58	6
Diehl	Hanso	142	120	5	11:34:58	13:14:01	1:39:03	7
Roeber	Erich	522	19080	4	11:34:58	13:02:48	1:27:50	8
Chase	Greg	136	184	3	11:34:58	12:20:52	0:45:54	DNF
Van der Merwe	Herman	525	19043	3	11:34:58	12:35:33	1:00:35	DNF
Master Men: 50-59								
Du Plessis	Nick	98	138	4	11:34:58	12:36:55	1:01:57	1
Bohlke	Stefan	168	157	4	11:34:58	12:41:52	1:06:54	2
Lowe	Michael	111	25	4	11:34:58	12:46:30	1:11:32	3
Waldschmidt	Eckhard	150	73	4	11:34:58	12:49:24	1:14:26	4
Serrer	Niels	194	20585	4	11:34:58	12:50:34	1:15:36	5
Grossmann	Kai	79	190	4	11:34:58	12:53:31	1:18:33	6
Laubscher	Jan H.M.	195	20586	4	11:34:58	13:03:12	1:28:14	7

Grand Master Men: 60+								
Graf	Roland	64	119	3	11:34:58	12:34:11	0:59:13	1
Brueckner	Andreas	191	250	3	11:34:58	12:50:44	1:15:46	2
Master Women: 50-59								
Tietz	Antje	70	18	2	10:12:40	10:54:04	0:41:24	1
Grand Master Women: 60+								
Jagau	Elke	40	20569	2	10:12:40	10:55:57	0:43:17	1
Graf	Berrit	63	78	2	10:12:40	10:57:45	0:45:05	2
Giraffe Women (>70kg)								
Suren	Claudia	117	62	2	10:12:40	11:00:48	0:48:08	1
Rhino Men (>90kg)								
Schrimb	Jeffrey	89	33	4	11:34:58	13:06:08	1:31:10	1
Sport Men								
Du Plessis	Christopher	503	18945	5	9:08:02	9:57:21	0:49:19	1
Meeks	Richard	59	4	5	9:08:02	10:00:42	0:52:40	2
Von Medeazza	Gregor	510	18952	5	9:08:02	10:01:29	0:53:28	3
Pieters	Wesley	69	133	5	9:08:02	10:02:04	0:54:02	4
Figueira	Jose	505	286	5	9:08:02	10:03:56	0:55:54	5
Robiati	Nabil	508	18950	5	9:08:02	10:03:56	0:55:55	6
Brettschneider	Guenter	105	41	5	9:08:02	10:04:59	0:56:57	7
Hennes	Michael	7	20540	4	9:08:02	9:56:13	0:48:12	9
Dickerson	Brendan	53	5	4	9:08:02	9:55:23	0:47:22	DNF
Sport Women								
Beulker	Christiane	187	20774	4	9:08:02	9:52:58	0:44:56	1
Jannik	Carolin	39	182	4	9:08:02	9:58:08	0:50:06	2
Steinfurt	Christin	190	20776	4	9:08:02	9:59:42	0:51:40	3
Nel	Marsha	57	92	4	9:08:02	9:59:42	0:51:40	4
Van Zyl	Irene	509	18951	4	9:08:02	10:01:57	0:53:56	5
Koch	Mari	95	20790	4	9:08:02	10:04:42	0:56:40	6
Heigan	Suleika	196	20758	4	9:08:02	10:04:58	0:56:56	7
Sithembile	Monga	74	20760	1	9:08:02	9:41:09	0:33:07	DNF
Hamundjebo	Erika	197	20757	0	9:08:02	0:00:00	0:00:00	DNF
Under 16 Boys: 15-16								
Jensen	Bergran	104	20787	5	11:34:58	12:47:05	1:12:07	1
L'Estrange	Ethan	82	59	5	11:34:58	12:55:01	1:20:03	2
Vosloo	Justin	520	19077	5	11:34:58	12:55:20	1:20:22	3
Engling	Anton	144	112	5	11:34:58	13:09:25	1:34:27	4
Kautjituavi	Vikapita	176	20763	4	11:34:58	13:09:52	1:34:54	5
Simon	Johannes	174	20761	2	11:34:58	12:26:50	0:51:52	DNF
Under 16 Girls: 15-16								
Du Plessis	Monique	102	136	2	10:11:05	10:48:33	0:37:28	1
Under 14 Boys: 13-14								
Hahn	Daniel	106	168	3	10:11:05	10:54:37	0:43:32	1
Lowe	Kevin	11	24	3	10:11:05	10:56:55	0:45:50	2
Steinfurth	Rico	54	20580	3	10:11:05	10:59:06	0:48:01	3
Key	Adrian	35	240	3	10:11:05	11:02:07	0:51:01	4
Under 14 Girls: 13-14								
Kahl	Ada	20	20551	4	8:07:42	8:53:59	0:46:17	1
Engling	Laura	130	113	4	8:07:42	8:55:13	0:47:31	2
Beulker	Lotte	189	20775	4	8:07:42	8:57:14	0:49:32	3
Key	Katelyn	55	242	3	8:07:42	8:57:07	0:49:24	4

Sprog U 12 Boys: 11-12								
Suren	Roger	115	72	4	8:07:42	8:50:11	0:42:29	1
Chase	Nathan	16	20547	4	8:07:42	8:50:13	0:42:31	2
Thiel	Marco	119	251	4	8:07:42	8:50:14	0:42:31	3
Lowe	Sean	10	23	4	8:07:42	8:50:16	0:42:33	4
Fick	Russel	123	403	4	8:07:42	8:54:42	0:47:00	5
Key	Tristan	33	405	3	8:07:42	9:02:39	0:54:57	6
Sprog U 12 Girls: 11-12								
Janse van Vuuren	Delsia	96	20789	3	8:09:12	8:42:26	0:33:15	1
Dickerson	Kylie	44	364	3	8:09:12	8:47:43	0:38:32	2
Nipper U10 Boys: 10 and younger								
Chase	Micah	15	20546	3	8:09:12	8:42:20	0:33:08	1
Chamberlain	Henry	14	20545	3	8:09:12	8:47:55	0:38:43	2
Baartman	Mike	24	20555	3	8:09:12	8:51:32	0:42:20	3
Hennes	Daniel Adriaan	6	20539	3	8:09:12	8:52:39	0:43:28	4
Greeff	Janro	25	398	3	8:09:12	8:52:41	0:43:29	5
Janse van Vuuren	Theodor	12	20543	3	8:09:12	8:52:42	0:43:30	6
Steenkamp	Franjo (FransJohannes)	28	243	3	8:09:12	8:53:36	0:44:24	7
Nipper U10 Girls: 10 and younger								
Suren	Nicole	116	64	2	8:09:12	8:41:43	0:32:31	1
Dickerson	Chloe	45	365	2	8:09:12	8:51:39	0:42:28	2
Key	Monique	29	20559	2	8:09:12	8:55:57	0:46:45	3

