

# NEDBANK ROCK AND RUT XC3

Date		27/5/2017						Swakopmund		
NR	TAG	SURNAME	NAME	CAT	LAPS	START	FINISH	TIME	POS	
<b>Elite Men: 23-29</b>										
1007	3501	Swanepoel	Ben Melt	EM	5	11:00:48	12:33:17	1:32:30	1	
811	5511	Ewald	Andreas	EM	5	11:00:48	12:43:52	1:43:04	2	
1009	3503	Ellis	Eugene	EM	5	11:00:48	12:56:51	1:56:04	3	
1168	3677	Swart	Josia	EM	5	11:00:48	13:11:00	2:10:12	4	
510	5210	Burger	Renando	EM	2	11:00:48	11:55:21	0:54:33	DNF	
<b>Men Under 23</b>										
1177	3685	De Koe	Danzel	MU23	5	11:00:48	12:35:29	1:34:42	1	
1133	3627	Scherer	Joshua	MU23	5	11:00:48	12:39:48	1:39:00	2	
833	5533	Kleopas	Maruen	MU23	5	11:00:48	12:59:47	1:58:59	3	
389	10882	Hamukoto	Melki M	MU23	3	11:00:48	12:13:02	1:12:15	DNF	
<b>Elite Women: 23-29</b>										
43	10745	Vorster	Michelle	EW	3	11:00:48	11:57:56	0:57:08	1	
336	1370	Steyn	Irene Eliza	EW	3	11:00:48	12:06:28	1:05:40	2	
799	5499	Johannes	Carmen	EW	3	11:00:48	12:07:36	1:06:48	3	
819	5519	SWART	LELANI	EW	3	11:00:48	12:12:34	1:11:47	4	
<b>Women Under 23</b>										
637	5337	Katjuongua	Uahana	WU23	3	11:00:48	13:00:05	1:59:18	1	
<b>Sub-Vet Men: 30-39</b>										
1052	3546	Knoetze	Pierre	SVM	4	11:00:48	12:20:24	1:19:37	1	
1131	3625	Kotze	Tyrone	SVM	4	11:00:48	12:27:20	1:26:33	2	
638	5338	Diehl	Heiko	SVM	4	11:00:48	12:27:35	1:26:48	3	
864	5564	Stranghöhnner	Heiko	SVM	4	11:00:48	12:30:31	1:29:44	4	
1190	3699	Morsbach	Richard	SVM	4	11:00:48	12:33:24	1:32:36	5	
1150	3644	Van Wyk	Phil	SVM	4	11:00:48	12:52:26	1:51:39	6	
1022	3516	Breed	Gerhard	SVM	1	11:00:48	11:31:06	0:30:19	DNF	
<b>Sub-Vet Women: 30-39</b>										
838	5538	Kock	Gesa	SVW	2	11:00:48	11:52:33	0:51:45	1	
863	5563	Stranghoner	Marike	SVW	2	11:00:48	11:53:03	0:52:16	2	
713	5413	van der Schyff	Luanne	SVW	#N/A	11:00:48	#N/A	DNF	DNF	
<b>Veteran Men: 40-49</b>										
308	1340	Steyn	Philip	VM	3	11:00:48	12:00:03	0:59:15	1	
153	1293	Grassow	Ian	VM	3	11:00:48	12:01:09	1:00:21	2	
816	5516	Spangenberg	Roual	VM	3	11:00:48	12:02:01	1:01:13	3	
320	1347	van Doorn	Stefan	VM	3	11:00:48	12:03:01	1:02:14	4	
200	1149	Lowe	Michael	VM	3	11:00:48	12:06:28	1:05:40	5	
324	1357	Hahn	Carl	VM	3	11:00:48	12:07:34	1:06:47	6	
1076	3570	Gerber	Tobie	VM	3	11:00:48	12:07:45	1:06:58	7	
598	5298	du Raan	Christo	VM	3	11:00:48	12:11:10	1:10:22	8	
888	5588	Suren	Marcel	VM	3	11:00:48	12:13:00	1:12:13	9	
1127	3621	Strohmenger	Sven	VM	3	11:00:48	12:13:47	1:13:00	10	
1175	3684	Liebenberg	Quinton	VM	3	11:00:48	12:20:11	1:19:23	11	
		Du Preez	Rene	VM	#N/A	#N/A	#N/A	No Race nr		
<b>Veteran Women: 40-49</b>										
39	1226	Grassow	Elanor	VW	2	11:00:48	11:48:17	0:47:30	1	
1099	3593	Venter	Gerda	VW	1	11:00:48	11:34:51	0:34:04	DNF	
823	5523	Snyman	Sophia	VW	#N/A	11:00:48	#N/A	DNF		

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<b>Junior Men: 17-18</b>									
794	5494	Swart	Nicolaas	JM	4	11:00:48	12:16:58	1:16:11	1
765	5465	Van Blerk	Hofmeyr	JM	4	11:00:48	12:28:35	1:27:47	2
829	5529	Hamundjebo	Tuhafeni	JM	4	11:00:48	12:31:37	1:30:50	3
825	5525	Skrywer	Leon	JM	4	11:00:48	12:37:53	1:37:05	4
636	5336	Bernadus	Moses	JM	4	11:00:48	12:38:12	1:37:24	5
1144	3638	Prinsloo	Jak	JM	4	11:00:48	13:13:00	2:12:12	6
<b>Junior Women: 17-18</b>									
76	1165	Grossmann	Steffanie	JW	2	11:00:48	11:46:19	0:45:32	1
1145	3639	Boltman	Karla	JW	2	11:00:48	11:57:32	0:56:44	2
835	3714	Mawamo	Selma	JW	2	11:00:48	12:31:33	1:30:45	3
<b>Master Men: 50-59</b>									
44	1175	Frielingsdorf	Klaus	MM	3	9:30:22	10:28:55	0:58:33	1
1149	3643	Bohlke	Stefan Rainer	MM	3	9:30:22	10:29:25	0:59:03	2
561	5261	Snyman	Frank	MM	3	9:30:22	10:33:03	1:02:41	3
881	5581	Kok	Arno	MM	3	9:30:22	10:34:20	1:03:58	4
715	5415	Kiesewetter	Alfons	MM	3	9:30:22	10:35:56	1:05:34	5
808	5508	Tegethoff	Kai	MM	3	9:30:22	10:38:20	1:07:58	6
350	10844	Laubscher	Jan H.M.	MM	3	9:30:22	10:41:04	1:10:42	7
45	1167	Grossmann	Kai	MM	3	9:30:22	10:53:00	1:22:38	8
639	5339	Simon	Ernst	MM	2	9:30:22	10:49:12	1:18:50	9
<b>Grand Master Men: 60+</b>									
874	5574	Bassingthwaighe	Tony	GMM	2	9:30:22	10:18:09	0:47:47	1
60	1217	Ellis	Justin	GMM	2	9:30:22	10:34:57	1:04:34	2
<b>Master Women: 50-59</b>									
1081	3575	Graf	Berrit	MW	2	9:30:22	10:27:39	0:57:17	1
1096	3590	Simon	Susann	MW	2	9:30:22	10:49:27	1:19:05	2
<b>Grand Master Women: 60+</b>									
801	5501	Bassingthwaighe	Sigi	GMW	2	9:30:22	10:29:47	0:59:25	1
<b>Rhino Men</b>									
1191	3700	Horniball	Morné	RMEN	3	11:00:48	12:04:33	1:03:46	1
1166	3675	Lambert	Fanna	RMEN	3	11:00:48	12:06:15	1:05:27	2
380	10873	Engling	Volker	RMEN	3	11:00:48	12:07:11	1:06:24	3
1008	3502	Koen	Titus	RMEN	3	11:00:48	12:17:35	1:16:47	4
1109	3697	Mulder	Karl-Heinz	RMEN	3	11:00:48	12:34:19	1:33:31	5
899	5599	Janse van Vuuren	Andries	RMEN	1	11:00:48	11:26:54	DNF	
1084	3578	Van Schalkwyk	Danie	RMEN	#N/A	11:00:48	#N/A	DNF	
<b>Sport Men</b>									
65	1153	Diehl	Hanso	SM	3	9:30:22	10:39:26	1:09:04	1
724	5424	Thiel	Mario	SM	2	9:30:22	10:29:08	0:58:45	2
<b>Sport Women</b>									
1187	3696	Beulker	Christiane	SW	2	9:30:22	10:18:06	0:47:44	1
772	5472	Obholzer	Sonja	SW	2	9:30:22	10:22:01	0:51:39	2
876	5576	Suren	Claudia	SW	2	9:30:22	10:31:20	1:00:58	3
509	5209	Engling	Claudia	SW	2	9:30:22	10:32:51	1:02:29	4
369	10863	Allen	Melanie	SW	2	9:30:22	10:48:22	1:18:00	5
<b>Under 16 Boys: 15-16</b>									
323	1355	Hahn	Hugo	U16B	3	11:00:48	12:00:30	0:59:43	1
1010	3504	Koen	Dieter	U16B	3	11:00:48	12:00:39	0:59:52	2
1157	3666	Du Plooy	Divan	U16B	3	11:00:48	12:04:26	1:03:38	3
830	5530	Baisako	Passana Luciano	U16B	3	11:00:48	12:25:22	1:24:35	4
1047	3541	Du Raan	Keegan	U16B	3	11:00:48	12:33:10	1:32:23	5
<b>Under 16 Girls: 15-16</b>									
768	5468	Rowland	Cindy	U16G	2	9:30:22	10:28:48	0:58:26	1

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<b>Under 14 Boys: 13-14</b>									
595	5295	Vosloo	Justin	U14B	4	8:38:41	9:07:12	0:28:31	1
85	1131	L'Estrange	Ethan	U14B	4	8:38:41	9:08:43	0:30:02	2
31	10823	Engling	Anton	U14B	4	8:38:41	9:13:52	0:35:11	3
<b>Under 14 Girls: 13-14</b>									
867	5567	Vorster	Fiona	U14g	3	8:38:41	9:04:58	0:26:17	1
1143	3637	Koen	Michelle	U14G	3	8:38:41	9:12:17	0:33:36	2
<b>Under 12 Boys: 11-12</b>									
666	5366	Lowe	Kevin	U12B	3	8:38:41	9:00:22	0:21:41	1
312	1351	Hahn	Daniel	U12B	3	8:38:41	9:01:46	0:23:05	2
770	5470	Steinfurth	Rico	U12B	3	8:38:41	9:01:57	0:23:16	3
1140	3634	Beulker	Justus	U12B	3	8:38:41	9:02:32	0:23:51	4
269	1154	Diehl	Vahid	U12B	3	8:38:41	9:04:25	0:25:44	5
24	10726	Klein	Marshall	U12B	3	8:38:41	9:17:26	0:38:45	6
97	10799	van Wyk	Mario	U12B	3	8:38:41	9:17:30	0:38:49	7
<b>Under 12 Girls: 11-12</b>									
37	10824	Baumgarten	Adrielle	U12g	3	8:38:41	9:16:59	0:38:18	1
<b>Sprogs Boys: 10 and younger</b>									
777	5477	Lowe	Sean	SPROGB	2	8:38:41	8:54:39	0:15:58	1
570	5270	Thiel	Marco	SPROGB	2	8:38:41	8:55:04	0:16:23	2
115	10826	Suren	Roger	SPROGB	2	8:38:41	8:56:11	0:17:30	3
939	3653	Janse van Vuuren	Theodor	SPROGB	2	8:38:41	9:01:02	0:22:21	4
869	5569	Vorster	Johann-Albert	SPROGB	2	8:38:41	9:05:44	0:27:03	5
1172	3681	Van Rensburg	Hindie	SPROGB	2	8:38:41	9:06:13	0:27:32	6
60	10762	Beukes	Jacques	SPROGB	2	8:38:41	9:07:27	0:28:45	7
1160	3669	Brough	Dylan	SPROGB	2	8:38:41	9:07:36	0:28:55	8
1130	3624	GIBSON	CONNOR	SPROGB	2	8:38:41	9:08:30	0:29:49	9
1088	3582	Strohmenger	Leo	SPROGB	2	8:38:41	9:21:41	0:43:00	10
<b>Sprogs Girls: 10 and younger</b>									
392	10885	Janse van Vuuren	Delsia	SPROGG	2	8:38:41	8:57:54	0:19:13	1
725	5425	Thiel	Rosemarie	SPROGG	2	8:38:41	9:02:58	0:24:17	2
729	5429	Suren	Nicole	SPROGG	2	8:38:41	9:04:04	0:25:23	3
1194	3703	Van Rensburg	Rozanne	SPROGG	#N/A	8:38:41	#N/A	DNF	DNF

Timing and Results

