



SUPPORTED BY



CAT	NAME	SURNAME	NR	Start	LAPS	FIN	TIME	POS
ELITE MEN								
EM	Raul Costa	Seibeb	1092	13:57:21	3	15:01:45	1:04:24	1
EM	Xavier	Papo	1127	13:57:21	3	15:03:11	1:05:50	2
EM	Loto	Petrus	1548	13:57:21	3	15:12:27	1:15:06	3
EM	Andre	De Klerk	42	13:57:21	3	15:12:35	1:15:13	4
EM	Andreas	Ewald	1022	13:57:21	3	15:13:27	1:16:05	5
EM	Tim	Wucher	567	13:57:21	3	15:16:11	1:18:50	6
EM	Michael	Pretorius	80	13:57:21	3	15:19:10	1:21:49	7
EM	Tjipe	Murangi	1574	13:57:21	3	15:22:27	1:25:05	8
EM	Burger	Fourie	656	13:57:21	3	15:24:04	1:26:43	9
EM	Martin	Havenga	894	13:57:21	3	15:25:04	1:27:43	10
EM	Melki	Hamukoto	389	13:57:21	3	15:34:46	1:37:25	11
EM	Denzel	Dekoe	1536	13:57:21	2	14:49:09	0:51:48	12
EM	Maruen	Kleopas	1126	13:57:21	2	15:02:43	1:05:22	13
EM	Johannes	Hamunjela	1580	13:57:21	2	15:08:38	1:11:17	14
EM	Leon	Skrywer	1097	13:57:21	2	15:13:58	1:16:36	15
JUNIOR MEN								
JM	Herbert	Peters	79	13:57:21	3	15:00:03	1:02:42	1
JM	Marcel	Holtz	49	13:57:21	3	15:09:15	1:11:54	2
JM	Timmo	Grossmann	73	13:57:21	3	15:13:29	1:16:07	3
JM	Luke	Munting	1118	13:57:21	3	15:17:28	1:20:07	4
JM	FC	Smith	325	13:57:21	3	15:27:37	1:30:16	5
JM	Nicolaas	Swart	1187	13:57:21	3	15:37:33	1:40:12	6
JM	Moses	Bernades	1039	13:57:21	2	15:13:12	1:15:51	7
JM	Tuhafeni	Hamundjebo	1082	13:57:21	0	DNF	DNF	DNF
ELITE WOMEN								
EW	Michelle	Vorster	330	13:57:21	3	15:12:00	1:14:39	1
EW	Irene	Steyn	336	13:57:21	3	15:20:22	1:23:01	2
JUNIOR WOMEN								
JW	Steffanie	Grossmann	76	14:01:53	2	14:56:43	0:54:50	1
JW	Sofia	Simon	1185	14:01:53	2	15:35:19	1:33:26	2
SUB VETERAN MEN								
SVM	Wim	Steenkamp	333	13:57:21	3	15:06:32	1:09:11	1
SVM	Philip	Steyn	308	13:57:21	3	15:07:52	1:10:31	2
SVM	Pierre	Knoetze	1115	13:57:21	3	15:13:08	1:15:46	3
SVM	Andrew	Rowles	1178	13:57:21	3	15:13:09	1:15:48	4
SVM	Pierre	Van Rensburg	32	13:57:21	3	15:13:24	1:16:03	5
SVM	Louis	Prins	129	13:57:21	3	15:14:01	1:16:40	6
SVM	Heinrich	Kohne	371	13:57:21	3	15:14:50	1:17:29	7

CAT	NAME	SURNAME	NR	Start	LAPS	FIN	TIME	POS
SVM	Frederick	Van Greunen	1096	13:57:21	3	15:16:32	1:19:11	8
SVM	Heiko	Stranghoner	1081	13:57:21	3	15:16:35	1:19:13	9
SVM	Braam	Vermeulen	3003	13:57:21	3	15:17:02	1:19:41	10
SVM	Vernon	Maresch	1043	13:57:21	3	15:19:19	1:21:58	11
SVM	Clayton	Viljoen	398	13:57:21	3	15:20:39	1:23:18	12
SVM	Andre	Steinfurth	199	13:57:21	3	15:22:59	1:25:37	13
SVM	Mark	Spath	657	13:57:21	3	15:24:03	1:26:42	14
SVM	Ronald	Geiger	160	13:57:21	3	15:28:35	1:31:14	15
SVM	Johann	Wasserfall	35	13:57:21	3	15:29:53	1:32:32	16
SVM	Hanso	Diehl	65	13:57:21	3	15:32:46	1:35:25	17
SVM	Gerhard	Fourie	169	13:57:21	3	15:34:46	1:37:24	18
SVM	Jan Louis	Mostert	378	13:57:21	2	15:11:00	1:13:39	19
SVM	Paul J	Opperman	300	13:57:21	2	15:11:46	1:14:25	20
SVM	Andre	Christensen	20	13:57:21	1	DNF	DNF	DNF
SVM	Ekkehard	Friedrich	1076	13:57:21	1	DNF	DNF	DNF
SUB VETERAN WOMEN								
SVWOM	Hester	Prins	218	14:01:53	2	14:59:50	0:57:57	1
SVWOM	Benita	Kasch	372	14:01:53	2	15:01:16	0:59:23	2
SVWOM	Gesa	Kock	602	14:01:53	2	15:04:08	1:02:15	3
SVWOM	Maike	Bochert	144	14:01:53	2	15:05:26	1:03:33	4
SVWOM	Luanne	V/D Schyff	1084	14:01:53	2	15:08:35	1:06:42	5
SVWOM	Marike	Stranghoner	1119	14:01:53	2	15:40:34	1:38:41	6
SVWOM	Suleika	Heigan	368	14:01:53	2	15:42:28	1:40:36	7
VETERAN MEN								
VM	Ian	Grassow	153	13:57:21	3	15:09:02	1:11:40	1
VM	Hans	du Toit	396	13:57:21	3	15:10:40	1:13:19	2
VM	Greg	Chase	947	13:57:21	3	15:16:35	1:19:14	3
VM	Carl	Hahn	324	13:57:21	3	15:19:32	1:22:11	4
VM	Billy	Heigan	605	13:57:21	3	15:19:34	1:22:13	5
VM	Karsten	Denk	1130	13:57:21	3	15:24:27	1:27:05	6
VM	Brian	Key	1001	13:57:21	3	15:26:28	1:29:07	7
VM	Jeanne	Lowe	688	13:57:21	3	15:27:54	1:30:33	8
VM	Theo	Hoeksema	535	13:57:21	3	15:30:16	1:32:55	9
VM	Giovanni	Baumann	18	13:57:21	3	15:31:47	1:34:26	10
VM	Michael	Lowe	200	13:57:21	3	15:31:54	1:34:32	11
VM	Gabs	Muteka	1099	13:57:21	2	15:07:18	1:09:57	12
VM	Brian	Van Rensburg	1154	13:57:21	2	15:11:43	1:14:22	13
VM	MARK	BARROW	356	13:57:21	1	DNF	DNF	DNF
VM	Hilko	Marschall	303	13:57:21	1	DNF	DNF	DNF
VM	Rene	Du Preez	1194	13:57:21	0	DNF	DNF	DNF
VM	FANIE	STEENKAMP	213	13:57:21	0	DNF	DNF	DNF
VETERAN WOMEN								
VWOM	Antje	Tietz	130	14:01:53	2	15:01:14	0:59:21	1
VWOM	Ingrid	Hoth	86	14:01:53	2	15:02:31	1:00:39	2
VWOM	Mandy	Huysamen	575	14:01:53	2	15:05:28	1:03:35	3
VWOM	Zoe	Mitchell	96	14:01:53	2	15:06:32	1:04:39	4
VWOM	ANNEKE	STEENKAMP	1067	14:01:53	2	15:08:15	1:06:22	5
VWOM	Patricia	Hoeksema	537	14:01:53	2	15:10:37	1:08:44	6

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VWOM	Aletti	Lowe	689	14:01:53	2	15:11:59	1:10:06	7
VWOM	Mari	Loftie-Eaton	1595	14:01:53	2	15:12:09	1:10:16	8
VWOM	Gudrun	Marschall	313	14:01:53	2	15:13:23	1:11:30	9
VWOM	Elanor	Grassow	39	14:01:53	2	15:14:11	1:12:18	10
VWOM	ZELDA	BARROW	355	14:01:53	1	DNF	DNF	DNF
MASTER MEN								
MM	Stefan	Bohlke	1045	14:01:53	2	14:52:00	0:50:08	1
MM	Frank	Snyman	561	14:01:53	2	14:53:48	0:51:55	2
MM	Arno	Kok	1014	14:01:53	2	14:55:35	0:53:42	3
MM	Karl	Grunschloss	1112	14:01:53	2	14:55:39	0:53:47	4
MM	Volker	Trubenbach	696	14:01:53	2	14:55:56	0:54:04	5
MM	Kai	Nolte	123	14:01:53	2	14:57:47	0:55:54	6
MM	Gustav	Gouws	82	14:01:53	2	14:58:48	0:56:55	7
MM	Alfons	Kiesewetter	1047	14:01:53	2	15:01:15	0:59:22	8
MM	Richard	Tietz	1114	14:01:53	2	15:03:47	1:01:55	9
MM	Kai	Grossmann	45	14:01:53	2	15:05:37	1:03:44	10
MM	Niels	Serrer	1149	14:01:53	2	15:07:06	1:05:13	11
MM	Tony	Bassingthwaighte	1172	14:01:53	2	15:11:59	1:10:06	12
MM	Horst	Heimstadt	342	14:01:53	2	15:12:53	1:11:01	13
MM	Jan	Laubscher	350	14:01:53	2	15:14:17	1:12:25	14
MASTER WOMEN								
MW	Barbara	Ackermann	263	11:59:54	2	12:44:16	0:44:22	1
MW	Elke	Jagau	326	11:59:54	2	12:46:37	0:46:43	2
MW	Berrit	Graf	55	11:59:54	2	12:52:56	0:53:02	3
MW	Kerstin	Klein	582	11:59:54	1	12:40:21	0:40:27	4
GRAND MASTER MEN								
GMM	Chris	Muir	1026	11:58:53	2	12:52:50	0:53:57	1
GMM	Naude	Theron	307	11:58:53	2	12:54:31	0:55:38	2
GMM	Justin	Ellis	1174	11:58:53	2	12:55:12	0:56:19	3
GMM	Thomas	Soutschka	577	11:58:53	2	13:08:58	1:10:05	4
GRAND MASTER WOMEN								
GMW	Sigi	Bassingthwaighte	1141	11:59:54	2	12:52:08	0:52:14	1
RHINO								
Rhino	Andre	Vermeulen	1136	14:01:53	2	14:52:28	0:50:35	1
Rhino	Arno	Mohr	1177	14:01:53	2	15:02:20	1:00:27	2
Rhino	Abri	Nel	1171	14:01:53	2	15:11:46	1:09:53	3
SPORT MEN								
SM	Christo	Du Raan	598	11:58:53	3	13:00:31	1:01:38	1
SM	Roland	Graf	301	11:58:53	3	13:05:59	1:07:06	2
SM	Maarten	Venter	1007	11:58:53	3	13:09:22	1:10:30	3
SM	JÖRg	Riedel	1166	11:58:53	3	13:17:43	1:18:51	4
SM	Marcel	Suren	1121	11:58:53	3	13:18:29	1:19:37	5
SM	Mark	Stehle	1046	11:58:53	3	13:20:25	1:21:32	6
SM	Johan	BOTHA	1157	11:58:53	3	13:21:17	1:22:24	7
SM	Nick	Berry	1128	11:58:53	3	13:21:22	1:22:30	8
SM	Gideon	Brink	340	11:58:53	3	13:21:35	1:22:42	9
SM	Leon	Kohne	1186	11:58:53	3	13:26:15	1:27:22	10

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SM	Penda	Amadhila	273	11:58:53	3	13:30:52	1:31:59	11
SM	Michael	Hennes	353	11:58:53	3	13:42:19	1:43:27	12
SM	Anton	Westraadt	1169	11:58:53	3	13:46:15	1:47:22	13
SM	Dewald	Engelbrecht	1091	11:58:53	2	13:02:24	1:03:31	14
SM	Andries	Janse van Vuuren	1145	11:58:53	2	13:02:42	1:03:49	15
SM	Nangolo	Ashipala	1168	11:58:53	2	13:11:43	1:12:50	16
SPORT WOMEN								
SW	Johanita	De Waal	1030	11:59:54	2	12:42:23	0:42:29	1
SW	Tersia	van Zyl	1010	11:59:54	2	12:46:40	0:46:46	2
SW	Lelani	Swart	1106	11:59:54	2	12:50:43	0:50:49	3
SW	Gabriela	Raith	1190	11:59:54	2	12:51:14	0:51:20	4
SW	Marietjie	De Chavonnes Vrugt	1005	11:59:54	2	12:55:35	0:55:41	5
SW	Mimi	Hough	1135	11:59:54	2	12:57:39	0:57:45	6
SW	Sandra	Lippert	1163	11:59:54	2	12:59:50	0:59:56	7
SW	Bianka	Lowe	347	11:59:54	2	13:04:40	1:04:46	8
SW	Nicky	Knox	1038	11:59:54	2	13:06:06	1:06:12	9
SW	Helét	Westraadt	1142	11:59:54	2	13:07:44	1:07:50	10
SW	Claudia	Suren	1144	11:59:54	2	13:11:40	1:11:46	11
SW	Melanie	Allen	1139	11:59:54	2	13:14:35	1:14:41	12
SW	Mari	Koch	1027	11:59:54	2	13:30:59	1:31:05	13
UNDER 16 BOYS								
U16B	CHARL	DU PLOOY	693	14:01:53	2	14:48:54	0:47:01	1
U16B	Alex	Miller	1009	14:01:53	2	14:49:56	0:48:04	2
U16B	Dieter	Koen	360	14:01:53	2	14:53:50	0:51:58	3
U16B	Schalk	Van der Merwe	1088	14:01:53	2	14:55:39	0:53:47	4
U16B	DIVAN	DU PLOOY	1133	14:01:53	2	14:57:03	0:55:10	5
U16B	Leonard	Schmidt	158	14:01:53	2	15:04:10	1:02:17	6
U16B	Christof	Serrer	1148	14:01:53	2	15:10:20	1:08:27	7
U16B	Passana	Baisako	1160	14:01:53	2	15:31:26	1:29:33	8
UNDER 16 GIRLS								
U16G	Cindy	Rowland	348	11:58:53	2	12:55:50	0:56:57	1
UNDER 14 BOYS								
U14B	Justin	Vosloo	595	10:30:06	4	10:54:40	0:24:34	1
U14B	Hugo	Hahn	323	10:30:06	4	10:57:07	0:27:01	2
U14B	Reto	Sell	292	10:30:06	4	10:57:39	0:27:33	3
U14B	Benjamin	Coury	945	10:30:06	4	11:01:30	0:31:24	4
UNDER 14 GIRLS								
U14G	Monique	Du Plessis	1199	10:30:06	3	11:02:36	0:32:30	1
UNDER 12 BOYS								
U12B	Kevin	Lowe	501	10:31:04	3	10:50:14	0:19:10	1
U12B	Ethan	L'Estrange	85	10:31:04	3	10:51:53	0:20:49	2
U12B	Rico	Steinfurth	1150	10:31:04	3	10:52:11	0:21:07	3
U12B	Jordan	Barrow	357	10:31:04	3	10:54:24	0:23:20	4
U12B	Petri	Bruwer	1153	10:31:04	3	10:55:20	0:24:16	5
UNDER 12 GIRLS								
U12G	Fiona	Vorster	1131	10:31:04	3	11:00:11	0:29:08	1
U12G	Michelle	Koen	188	10:31:04	3	11:08:32	0:37:29	2

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UNDER 10 GIRLS								
U10G	Delsia	Janse van Vuuren	392	10:32:05	2	10:51:43	0:19:38	1
U10G	Talaya	Vorster	1077	10:32:05	2	10:52:19	0:20:14	2
U10G	Kylie	Dickerson	110	10:32:05	2	10:55:35	0:23:30	3
U10G	Adrielle	Baumgarten	37	10:32:05	2	10:57:45	0:25:40	4
UNDER 10 BOYS								
U10B	Roger	Suren	115	10:32:05	2	10:45:59	0:13:54	1
U10B	Sean	Lowe	346	10:32:05	2	10:46:42	0:14:37	2
U10B	Justus	Beulker	1140	10:32:05	2	10:47:30	0:15:25	3
U10B	Marco	Thiel	570	10:32:05	2	10:50:27	0:18:22	4
U10B	Ruben	Nel	1162	10:31:04	2	10:50:28	0:19:25	6
U10B	Dian	Barrow	358	10:32:05	2	10:51:55	0:19:50	7
U10B	CuÁN	Ahrens	1159	10:32:05	2	10:58:07	0:26:02	8
U10B	Theodor	Janse van Vuuren	939	10:32:05	2	10:58:28	0:26:23	9
U10B	Marco	von Schumann	1176	10:32:05	2	10:58:38	0:26:33	10
U10B	Johan-Albert	Vorster	1125	10:32:05	2	11:05:34	0:33:29	11
U10B	Chandre	Du Preez	1018	10:32:05	2	11:05:51	0:33:46	12

